

## **Managing Students with Food Allergies Standard Operating Procedure**

In order to safely manage students with food allergies or special diets the following standard operating procedure will be implemented. In accordance with FERPA regulations Health Services may share information with Nutrition Services on a need to know basis.

### **Fluid Milk Only** *(due to Lactose Intolerance- does not require substitutions for yogurt or cheese)*

- Parent can fill out [Parental Request for Fluid Milk Substitution](#)- Does not require doctors' signature
- Send to Cafeteria or to Nutrition Specialist at DSC- [PMohammad@murrieta.k12.ca.us](mailto:PMohammad@murrieta.k12.ca.us)

### **Peanut/Tree Nut Allergy**

- PROCEDURE UPDATE: No doctors note required- Just notify Nutrition Specialist at DSC- [PMohammad@murrieta.k12.ca.us](mailto:PMohammad@murrieta.k12.ca.us) of students name and an alert can be added to their account to ensure they do not take Uncrustables or Granola Bars. No special meal accommodation required.

### **All other Food Allergies (ex. Gluten, Egg, Soy, Dairy, Yogurt)**

- If a parent indicates any other food allergy on the registration form, the health tech or site nurse will inform the parent that a [Medical Statement to Request Special Meals/Accommodation](#) form is required in order to be accommodated in the cafeteria.
  - *May not be necessary if student never plans to buy lunch. Per parent request we can add a note to student account ex. "Do not feed-Student has special diet/allergy"*
  - *If the student already has a note, please send to [Pmohammad@murrieta.k12.ca.us](mailto:Pmohammad@murrieta.k12.ca.us) to determine if the note can take place of the [CDE Medical Statement](#). Must include:  
-Reason for special diet      -Explanation of diet      -Foods to avoid/substitute  
Signature from licensed physician, physical assistant or nurse practitioner*
- Medical statements can be sent to cafeteria or e-mailed to Nutrition Specialist at DSC [PMohammad@murrieta.k12.ca.us](mailto:PMohammad@murrieta.k12.ca.us)

**To Remove an Allergy Alert:** If the parent/guardian sends a note (does not require doctors' signature) or e-mail's [Pmohammad@murrieta.k12.ca.us](mailto:Pmohammad@murrieta.k12.ca.us) saying the food no longer needs to be avoided then the alert can be removed.

**Allergy Spreadsheet & Ingredients:** [Click here to access Google Doc- Recipes](#) - May be shared with parents. Ingredients and products may be subject to change based on distributor availability.

*Medical Statements for Nutrition Services are valid for the entire time the student attends MVUSD and do not need to be updated annually. Any other questions may be referred to Nutrition Specialist- Parisa Mohammad, RD- ext. 1165. Forms are also available at [www.MurrietaSchoolNutrition.com](http://www.MurrietaSchoolNutrition.com).*