



August 2019 ~ Breakfast ~ K - 5th



Harvest of the Month
Network for a Healthy California

The Harvest of the Month featured Vegetable is...
Salad Greens!

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Week 8/14 ~ 8/16			Bagel & Cream Cheese or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Cinnamon Roll or Choice of Cereal
Week 8/19 ~ 8/23	NEW Biscuit & Sausage Patty or Choice of Cereal	French Toast or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Blueberry Pan Bread or Choice of Cereal	Cinnamon Roll or Choice of Cereal
Week 8/26 ~ 8/30	Breakfast Burrito w/ Bacon, Egg & Cheese or Choice of Cereal	Belgian Waffle or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Banana Pan Bread or Choice of Cereal	Bagel & Cream Cheese or Choice of Cereal

Friendly Reminder
Meal Applications from 2018-2019 expired June 30th. Fill out your **NEW 2019-2020** meal application online!
www.MurrietaSchoolNutrition.com



Breakfast
Full Pay \$1.75
Reduced Pay \$0.30

Breakfast Includes
-Assorted Fresh Fruit
-Trix Yogurt
-Assorted Fruit Juice
-1% White Milk or Non-Fat Chocolate Milk

Fun Facts:
~ Lettuce was among the first vegetables brought to the New World by Christopher Columbus.
~ In the U.S., lettuce is the second most popular vegetable (behind potatoes).

Easily add money to your students account



Radicchio



Romaine



Spinach



Leaf Lettuce

