

Meatless

August Lunch Menu ~ K -



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	✓ = Vegetarian Option = Pork Free Menu		1	2
5	6	7	<div style="border: 2px solid green; padding: 10px; text-align: center;"> Friendly Reminder[®] Meal Applications from 2018 - 2019 expired June 30th. Fill out your NEW 2019 — 2020 meal application! Visit www.MurrietaSchoolNutrition.com </div>	
— WELCOME — BACK TO SCHOOL		14 Beef Taco Wrap		
19 Cheesy Pizza	20 Beef Taco Wrap	21 Teriyaki Chicken Bowl w/ Brown Rice	22 Meatballs w/ Marinara & Texas Toast	23 Brunch for Lunch French Toast Chicken Sausage Patty
26 Macaroni & Cheese Cookie Day	27 Chicken Taquitos	28 Chicken Nuggets w/ Goldfish Crackers	29 Chili & Baked Tostito Scoops	30 Chicken Burger on a bun

Daily Produce Bar

Harvest of the Month



Salad Greens

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local* Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily



PRICES

Full Pay \$2.75 Reduced Pay \$0.40
 Bottled Water \$0.75 Milk or Juice \$.50
 Staff \$4.00 (includes tax)

DAILY ALTERNATE ENTREES

Turkey & Cheese Sub Sandwich,
 Peanut Butter & Jelly Uncrustable Snack Pack
 or *Entrée Salad Bar with Cheese & Crackers*

Lunch Includes

Unlimited Daily Produce Bar
 100% Fruit Juice & Choice of 1% White or Non-Fat Chocolate Milk