

# October 2018 ~ Preschool Nutrition



	MONDAY'S	TUESDAY'S	WEDNESDAY'S	THURSDAY'S	FRIDAY'S
<b>Week of:</b> 10/1-10/5 10/15-10/19 10/29-10/31	Goldfish Crackers Baby Carrots w/ Ranch Milk & Juice	Chocolate Muffin Flavored Applesauce Milk & Juice	Cheerios Cereal Banana Milk & Juice	String Cheese Baby Carrots w/ Ranch Milk & Juice	Yogurt & Graham Crackers Apple Milk & Juice
<b>Week of:</b> 10/8-10/12 10/22-10/26	Cheez - It Crackers Orange Milk & Juice	Blueberry Muffin Flavored Applesauce Milk & Juice	Cinnamon Toast Crunch Cereal Banana Milk & Juice	Cinnamon Goldfish Graham Baby Carrots w/ Ranch Milk & Juice	Bagel & Cream Cheese Apple Milk & Juice



**Week of:**  
10/1-10/5  
10/15-10/19  
10/29-10/31

**Week of:**  
10/8-10/12  
10/22-10/26



## Harvest of the Month MENU DESIGN CONTEST



WOULD YOU LIKE TO SEE YOUR OWN  
WORK OF ART ON YOUR SCHOOLS MENU?



1ST PLACE WINNER WILL HAVE  
THEIR ART FEATURED ON JANUARY'S  
LUNCH MENU!



This institution is an equal opportunity provider

Menu subject to change without notice