

Dave's Baking Company

NUTRITION & ANALYSIS SHEET

PRODUCT NAME: Whole Grain Blueberry Muffin
PRODUCT CODE: WG829
PORTION SIZE: 3.15 oz. 90 gm
PACKED: 60
CASE NET WEIGHT: 11.8 lbs
CASE DIMENSIONS: 16"x12"x7"
UPC CODE: 04198100829-6
PALLETIZING: 10 tie X 10 hi

MEAL CONTRIBUTION:

EACH WHOLE GRAIN BLUEBERRY MUFFIN PROVIDES: 2 serving of grain, contains minimum 32 gm flour, minimum 51% of the flour as whole wheat, ¼ cup fruit.

INGREDIENTS:

Whole grain wheat flour, enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, eggs, unsweetened applesauce, blueberries, sugar, vegetable oil (soybean), nonfat milk, baking powder, salt.

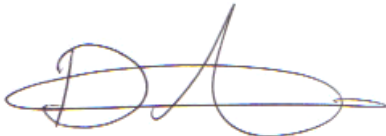
**Contains: Wheat, Egg, Soybean, Milk,
(Manufactured in a Peanut Free Plant)**

Shelf life: 10 months frozen, 10 days room temp.
 Serving directions: Thaw at room temperature 6 hours
 Prior to serving
 May be heated in warmer at 150 F.
 Do not re-pack after heating. Do not re-freeze. Do not refrigerate.

I certify that the above information is accurate at present on this date.

Name: David Aframian **Title:** Vice President

Signature: **Date:** January 11, 2020



Nutritional Analysis

Per Serving (90 gm)

Basic Components

Calories 223

Protein 3.9 g

Carbohydrates 38.5 g

Dietary Fiber 3.3 g

Sugar – Total 16.5 g

Fat – Total 6 g

Saturated Fat 0.9 g

Trans Fat 0 g

Cholesterol 30 mg

Vitamin A IU 52 IU

Vitamin C 1.2 mg

Calcium 8.5 mg

Iron 1.1 mg

Sodium 115 mg

Niacin 1.9 mg

Thiamin 0.19 mg

Riboflavin 0.15 mg

Calories from Fat 54

DAVE'S BAKING COMPANY

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Quality Baked Products Since 1960

Product Formulation Statement

Product Name: Whole Grain Blueberry Muffin **Item number:** WG829

Manufacturer: Dave's Baking Co.

Case Weight and Pack/Count: 11.8 lbs; 60 servings per case

Weight of one Serving of Product: 3.15 oz, 90 gm

Product WG829 Belongs to Exhibit A Group: D

Grain Ingredients per serving: Whole wheat flour (16.7gm), Enriched wheat flour (15.5gm).

Fruit Ingredients per serving: Blueberries (0.7oz), applesauce (1.1oz).

Description of Creditable Grain Ingredient	Grams of Creditable Grain Ingredient per Portion A	Gram Standard of Creditable Grain per oz equivalent B	Creditable Amount A ÷ B
Whole Grain Wheat Flour	16.7	16	1.04
Enriched Wheat Flour	15.5	16	0.96
Total Creditable Amount			2

Description of Creditable Fruit Ingredient	OZ of Creditable Fruit Ingredient per Portion	Cups of Edible Portion per Recipe from FBG A	Multiply by Crediting Factor B	Creditable Amount A x B
Blueberries IQF	0.7 oz	0.13	1	0.13
Apple Sauce	1.1 oz	0.12	1	0.12
Total Creditable Amount				0.25

I certify that the above information is true and correct and that one serving of the above product (ready to eat) contains **Two** serving of Grain, and **one quarter (1/4)** cup fruit. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

Name: David Aframian
Title: Vice President

Date: January 11, 2020

