

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
BREAKFAST ENTREES																			
Bagel, White, WG w/Cream Cheese (ingredients below)																			
Bagel, white WG	Lenders	00074/00075	29	1 bagel						X	X	X							
Cream cheese	Driftwood	60501	1	1 oz		X													
Bars Buttermilk , Twin Pkg (2.65 oz)	Dave's Baking Co	WG1001	43	1 pkg	X	X			X	X	X	X						X	
Beef Sausage Pattie on a whole grain Biscuit (3.10 oz)	Advance Pierre	10577	26.0	1 biscuit		X		X	X		X	X							X
Biscuit, Buttermilk (2.25 oz)	Bridgeford	6170	28	1 biscuit		X					X								
Biscuit, Honey Whole Wheat	Brideford	6285	30	1 biscuit		X				X	X	X							
Bread, Concha (2.25 oz)	Lupita's	1451	34	1 each	X	X		X	X	X	X								
Breakfast Bar, Oat. Choc. Chip (2.5 oz)	Readi-Bake Benefit	40401	47.0	1 each	X			X	X	X	X	X							
Chicken & Biscuit Sandwich, Breakfast (1.45 oz) (Ingredients below)																			
Chicken patty	Tyson	5778-328	11.0	1 patty					X		X	X							
Biscuit, Buttermilk (2.25 oz)	Bridgeford	6170	28	1 biscuit		X			X		X								
Cinnamon Bun, WG, MS/HS	Super Bakery	6070	38	1 bun	X	X		X	X	X	X	X							
Donut, Apple-Cinnamon (2.25 oz) w/string cheese (ingredients below)																			
Donut, Apple-Cinnamon (2.25 oz)	JSB Industries	78626	32	1 pack	X	X			X	X	X	X							
Cheese , Mozzarella String Portion	Land O Lakes	59701	1	1 oz		X	X												
Donut, WG Goodyring, MS/HS	Super Bakery	18400	29	1 each	X	X		X	X	X	X	X							
Donut, WG Super Donut, MS/HS	Super Bakery	18350	23	1 each	X	X			X	X	X	X							
Egg and cheese on WG bun																			
French Toast, Mini, Triple Berry Blast (2.64oz)	Pillsbury (General Mills)	18000-37308	37	1 pouch	X	X			X	X	X	X							
Frudel, Apple (2.29 oz)	Pillsbury (General Mills)	127852000	36	1 each		X			X	X	X	X							
Frudel, Cherry (2.29 oz)	Pillsbury (General Mills)	127851000	37	1 each		X				X	X	X							
Gramwich, PBJ Bar- Whole Grain Wafer (2.30 oz)	Pierre	A1290	32.0	1 bar					X	X		X	X					X	
Mini Bagels Strawberry Cream Cheese	Pillsbury/General Mills	138413000	41	1 package		X	X			X	X	X							
Mini Cinni Rolls	Pillsbury/General Mills	133686000	40	1 package		X				X	X	X							
Oatmeal, Coah's Oats	Coach's Oats		27	1/3 dry															

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Pancake & Sausage on a Stick (3 oz)	Don Lee Farms	CNQ71300P	24	1 pancake	X	X			X	X	X							X	X
Pancakes, Blueberry Eggo Mini's (3.03 oz)	Kellog	38000-92560	35	1 pouch	X	X			X	X	X	X							
Pancakes, Mini Pillsbury, Maple Burst'n (3.17 oz)	Pillsbury (General Mills)	137732000	39	1 pouch	X	X						X							
Pizza bagel bfast (ingredients below)	Tony Robert	78977	23	1 each		X	X				X	X							
bagel	Tony Robert										X	X							
cheese topping	Tony Robert					X	X												
sauce	Tony Robert					X													
Pizza, WG Turkey Sausage Breakfast Pizza 50/50 (3.31 oz)	Tonys (Schwan Food Co)	63912	26	1 pizza		X	X	X	X	X	X	X						X	
Pizza, Breakfast, Bacon Scramble (2.95 oz)	Tonys (Schwan Food Co)	78353	23	1 each	X	X	X	X	X	X	X	X						X	
Poptart, Frosted Cinnamon, Whole Grain (2 pack)	Kellogg's		74	1 package					X	X	X	X							
Poptart, frosted strawberry, whole grain (2 pack)	Kellogg's	9264	75	1 package					X	X	X	X						X	X
Sausage, Beef Breakfast Patty (1.2 oz.)	Don Lee Farms	78120	0.5	1 patty															
Sausage- Beef Pattie	Advance Pierre	9482	1	1 patty					X										
Smoothie, Orange Dream & Graham						X				X	X	X							
Smoothie, Strawberry & Graham						X				X	X	X							
Yoplait Parfait Pro Vanilla	Yoplait	16632000	39	8 oz		X													
Yoplait Parfait Pro Strawberry	Yoplait	16631000	39	8 oz		X													
Orange Juice	Driftwood		6.5	2 oz															
Applesauce	USDA																		
Maple Waffle Graham, MJM	MJM	408001	20	1 serving						X	X	X							
Sunrise Sandwich - Beef (ingredients below)				1 sandwich		X	X		X	X	X								
Beef Sausage Pattie	Advance Pierre	9482	1	1 patty					X										
English Muffin	Galasso	7110	26	1 muffin					X	X	X								
American cheese	USDA		2	1 slice		X	X												
Turkey Sausage Patty Sandwich, MS/HS	Michael B's	TSCE49	23	1 each	X	X				X	X	X							
Ultimate Breakfast Round, UBR (2.5 oz)	UBR	8733	44	1 round	X	X			X	X		X							
Waffle Stix, Belgian WG	Van's Foodservice		27	2 pieces	X	X		X	X		X	X							
WG Apple Muffin Top (2.5 oz)	Buena Vista Food Prods	63110	33	1 muffin	X	X					X	X							

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WG Blueberry Muffin Top (2.5 oz) Elementary	Buena Vista Food Prods	63130	34	1 muffin	X	X					X	X							
WG Choc Chip Muffin Top (2.5 oz)	Buena Vista Food Prods	63210	34	1 muffin	X	X		X	X		X	X							
Whole Wheat Strawberry & Bannana Muffin (3.2 oz)	Sky Blue Foods	WMSTBN248	45	1 each	X	X		X	X	X	X	X							
WG Blueberry Muffin Top (3.2 oz) MS/HS	Buena Vista Food Prods	63135	42	1 muffin	X	X		X			X	X							
WG Sweet Potato Choc Chip Muffin Top (3.2 oz) MS/HS	Buena Vista Food Prods	63215	43	1 muffin	X	X		X			X	X							
Yogurt, Greek, Upstate Farms, NF Vanilla MS/HS	Upstate Niagara	9704	14	1 each		X													
Yogurt, Greek, Upstate Farms, NF Strawberry, MS/HS	Upstate Niagara	9702	14	1 each		X													
Yogurt, Greek, Upstate Farms, NF Blueberry, MS/HS	Upstate Niagara	9703	14	1 each		X													
Granola, Fieldstone Bakery, Original 2 oz.	Fieldstone Bakery		42	2 oz.		X			X		X	X			X				
Yogurt, trix w/belly bears (ingredients below)				1 each		X					X	X							
yogurt trix, all flavors (pick one below)																			
Yogurt, Trix, Raspberry Rainbow (4 oz)	Yoplait		20	1 each		X													
Yogurt, Trix, Strawberry Banana (4 oz)	Yoplait		20	1 each		X													
Yogurt, Trix, Strawberry Punch (4 oz)	Yoplait		20	1 each		X													
Yogurt, Trix, Triple Cherry (4 oz)	Yoplait		20	1 each		X													
cracker belly bearw/grain J&J (pick one below)																			
cracker belly bear chocolate graham, WG	J&J	0 56070	20	1 package							X	X							
cracker belly bear honey graham, WG	J&J	0 56071	20	1 package							X	X							
cracker belly bear cinammon graham, WG	J&J	0 56072	21	1 package							X	X							
CEREALS																			
Frosted Mini Spooners	M.O.M Brands	FW-5.0 BB	46	1 bowl								X						X	X
Raisin Bran	M.O.M Brands	RB-5.3 BB	45	1 bowl							X	X							
Marshmallow Mateys	M.O.M Brands	MAR-5.4 BB	47	1 bowl							X								X
Honey Nut Scooters	M.O.M Brands	HNO-5.2 BB	46	1 bowl							X								
FRUIT AND JUICE																			

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Applesauce, canned, unsweetened	USDA Foods	100207	14	1/2 cup															
Fruit, canned, mixed, extra light syrup	USDA Foods	100212	17	1/2 cup															
Peaches	Commodity		17	1/2 cup															
Pears, canned, bartlett, diced	USDA Foods	100225	15	1/2 cup															
Pears, canned, bartlett, diced	Commodity	A434	19	1/2 cup															
Pineapple, Canned, Tidbits	Commodity	A443	16.9	1/2 cup															
FRESH FRUITS																			
Apple with Skin (raw) (3.5oz)			14	1 each															
Banana	Sunrise Produce Co		23	1 each															
Fresh Sliced Fuji Apples in a Bag	Sunmet		8	1/2 cup															
Fresh Sliced Granny Smith Apples in a Bag	Sunmet		7	1/2 cup															
Grape Escape bagged	HMC Marketing		10	1/2 cup															
Grapes	Swift Produce		8	1/2 cup															
Oranges			42	1/2 cup															
Oranges, California, Valencia Raw			12	1 each															
Sliced Apples	HMC Marketing		8	1/2 cup															
JUICE																			
Apple Juice (4oz)			15	1/2 cup															
Fruit Punch (4 oz)	Driftwood	28300	15	1/2 cup															
Orange Juice (4oz)			14	1/2 cup															
Wildberry Juice (4oz)			15	1/2 cup															
MILK																			
1% Lowfat Milk Pouch (8 oz)	Driftwood	13090	14	1 cup		X													
Fat Free Chocolate Milk Pouch (8oz)	Driftwood	16090	26	1 cup		X													
Strawberry Milk, Skim	Driftwood		27	1 cup		X													
LUNCH																			

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CHEESE																			
Nacho Cheese Dip Cups (3 oz)	Land O Lakes	39912	15	1-3 oz cup		X	X	X											
Cheese, Mozzarella String	Land O Lakes	59701	1	1 oz		X	X												
Macaroni & Cheese, Prepared RF 50%	Land O Lakes	43284	32	6 oz	X	X	X				X								
Roll, WG Mini Dinner Roll 0.9 oz.	Sky Blue Bakery	MWDR5196	12	1 roll	X	X		X		X	X	X							
Grilled Cheese Sandwich (WW)	Integrated	104000	30	3.69 oz.		X	X	X	X	X	X	X							
Cheese Quesadilla	Rose & Shore	W31100	13	4.20 oz.		X	X	X		X	X	X							
CHICKEN																			
Chicken Tenders, Breaded	Tyson	3859-328	12	3 pieces	X	X		X	X	X	X								
Chicken Chunks MS/HS	Tyson	2155-328	14	5 pieces						X	X	X	X						X
Chicken, Double Dogs	Michael B's Food Prods	DD400	31.5	1 each						X	X	X							
Chicken Drumstick & Roll (ingredients below)																			
Tyson Glazed Chicken Drumstick	Tyson	26435-928	2	1 each															
Galasso White Whole Wheat T-Biscuit	Galasso	2228	15	1 each							X	X							
Sweet Baby Rays Sauce			17	2 tbsp															
Corn Dog, WG Chicken 4.0 oz.	Foster Farms	95150	30	1 each	X					X	X	X							
Chicken, Fajita, (4 OZ) wrap with tortilla (Ingredients below)										X	X	X	X						X
chicken fajita (3 oz)	Tyson	3522-328	2	3 oz.						X	X								
Tortilla Flour 8"	La Reina	08215P3-151	19	1 tortilla							X	X							X
Hot N Spicy WG Patty, MS/HS (Spicy Chicken Sandwich)	Tyson	5567-928	12	1 patty		X				X		X	X						
Chicken, Nuggets (chunks) w/g (3.45 oz)	Tyson	70364-928	16.25	5 pieces						X		X	X						
Chicken Bowl, Orange, HS	Ling's	8-52724-15554-8	10.00	3.6 oz	X					X	X	X	X						X
Chicken Bowl, Sichuan, HS	Ling's	8-52724-15556-2	11.00	2.8 oz						X		X	X						X
Chicken Bowl, Teriyaki, HS	Ling's	8-52724-15554-8	10.00	2.8 oz						X		X	X						X
Chicken Bowl, Kung Pao Edamame, HS	Ling's	8-52724-15557-9	11.00	3.8 oz	X					X	X	X							X
Chicken Bowl, Curry, HS	Ling's	8-52724-15567-8	4.00	2.8 oz						X	X	X							X

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Rice, Brown Cooked	CK		53.00	1 cup															
Chicken Sandwich-Tyson (ingredients below)																			
Chicken, patty, breaded, tyson (3.40 oz)	Tyson	3857-328	12	1 piece	X	X		X	X	X	X								
Wheat Hamburger Bun 3.5"	Galasso Bakery	2136	28	1 Bun							X	X							
Chicken Sandwich-Tyson, BBQ																			
Tyson Grilled Chicken Filet, Whole Muscle (2.26 oz)	Tyson	70322-928	1	2.26 oz						X									
Sweet Baby Rays Sauce			17	2 tbsp															
Wheat Hamburger Bun 3.5"	Galasso Bakery	2136	28	1 Bun							X	X							
Chicken, Popcorn (3.85 oz)	Tyson	2940-328	14	12 pieces		X			X	X	X								
Chicken Tamales in Red Sauce	Del Real Foods	136	27	1 tamale														X	X
BEEF																			
Beef Rib BBQ on Bun																			
Beef Rib with Honey BBQ (3.25 oz)	Advance Pierre	3716	13	1 Piece		X			X		X	X							
White Whole Wheat Bun 3.5"	Galasso	2134	28	1 each							X	X							
Sausage- Beef Pattie	Advance Pierre	9482	1	1 patty					X										
Beef Nachos (ingredients below)																			
Taco Meat	Integrated Food Service	C78000B-N78000B	4.25	1.5 oz.					X		X								
Cheese Sauce, ES Foods RS/RF	ES Foods	5812		1.0 oz.		X	X	X											
Snak King WG Tortilla Chips	Snak King	260529	31	1 bag															X
Beef Taco Stick (4.6 oz)	Integrated Food Service	270019/C45019	32	1 each		X	X		X		X								
Cheeseburger Mini Twin, Slider	Integrated Food Service	470220	28.2	1 each		X	X		X	X	X	X							
Meatloaf w/cheese & ketchup - 2.9 oz	Advance Pierre	69190	8	1 serving		X	X				X	X							
Beef Hot Dog																			
Hot Dog, Beef	Hoffy	1811	4	1 each		X		X	X		X	X							
Galasso WW Hot Dog Bun	Galasso	2117	31	1 each							X	X							
Soft Beef Taco (ingredients below)																			
Taco Meat	Integrated Food Service	C78000B-N78000B	5	3 oz					X	X	X	X			X		X		

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Tortilla, La Reina 8" Flour	Moreno Bros	08215P3-151	22	1 each							X	X			X				
Hamburger & Bun (Beef Steak Burger) (ingredients below)											X	X							
Beef Steak Burger (Don Lee Farms)	Don Lee Farms	CNQ163003	0	3 oz															
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2139	30	1 bun							X	X							
Cheeseburger & Bun (Beef Steak Burger) (ingredients below)											X	X							
Beef Steak Burger (Don Lee Farms)	Don Lee Farms	CNQ163003	0	3 oz															
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2139	30	1 bun							X	X							
American Yellow Cheddar Cheese	Commodity			1 slice		X	X												
PIZZA ENTREES																			
Pizza, Turkey Pizza Nada	Bell Tasty Foods	pizzanada2B12	32	1 each		X	X	X	X	X	X								X
Pizza, Cheese Crucher	Rich's Foodservice		42	4 each		X	X	X		X	X	X						X	
Pizza, Galaxy, Chs 100% Moz. 4"	Tonys (Schwan Food Co)	78364	29	1 each		X	X	X	X	X	X	X							
Pizza, Galaxy, Pep 100% Moz. 5.00 oz.	Tonys (Schwan Food Co)	78477	32	1 each		X	X		X	X	X								X
Pizza, Individual Pepperoni Pizza - Bella Rose	Rose & Shore	BSTR500P	33	1 each		X					X								
Pizza Sticks with marinara sauce (ingredients below)						X	X		X	X	X	X							
Pizza sticks	Bosco's	703114-1120	28	2 each		X	X		X	X	X	X							
Marinara Sauce 1 oz Dunk Cups	Red Gold	REDNA1Z	3	1 each															
Pizza, Sicillian 8" Pepperoni Wedge	Ardella's	90192	29	1 slice		X				X	X	X							X
Pizza, Stuffed Crust, Mozz. (4.84 oz)	ConAgra		36	1 each		X	X		X	X	X								
Pizza, Stuffed Crust-Pep	ConAgra	7738712408	35	1 each		X	X		X	X	X								X
Pizza Sliders- Pepperoni	Ardella's	90630	30	2 each		X	X			X	X	X							X
Mama Lia's Pizzas	CK																		
Sausage & Pepperoni	CK		60	1 slice		X	X				X	X							X
Cheese	CK		60	1 slice		X	X				X	X							
Veggie	CK		62	1 slice		X	X				X	X							
Pepperoni & Jalapeno	CK		60	1 slice		X	X				X	X							X
Sausage	CK		61	1 slice		X	X				X	X							

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Pepperoni	CK		60	1 slice		X	X				X	X							X
Ham & Pineapple	CK		64	1 slice		X	X				X	X							X
GRAINS																			
Chip, tortilla (2.0 oz) Corn WG, Mini Rounds	El Rancho	ELR 18-150	28.1	1 Bag						X									
Cracker, Back to Basics	Back to Basics	37501	14	1 package		X				X	X	X							
Croutons, Whole Grain	Elizabeth's		14	1 package		X			X		X	X							
Biscuit, Buttermilk (2.25 oz)	Bridgeford	6170	28	1 biscuit		X					X								
Biscuit, Honey WW Biscuits (2.25 oz)	Bridgeford	6285	30	1 Biscuit		X				X	X	X							
Granola, Cinnamon (22g or 1/4 cup) Double Portion Served (1/2cup)	MoM Brands		34	1/2 cup					X		X								
Granola, Fieldstone Bakery, Original 2 oz.	Fieldstone Bakery		42	2 oz.		X			X		X	X			X				
Goldfish Bread - Whole Wheat	Campbell's Foodservice	19933	21	1 bread							X	X						X	
Hamburger Bun, White Whole Wheat 4"	Galasso's Bakery	2139	30	1 bun							X	X							
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2134	28	1 bun							X	X							
Hot Dog Bun, Whole Wheat 6"	Galasso's Bakery	2117	31	1 bun							X	X							
Muffin, English 100% Whole Wheat	Galasso's Bakery	7114	26	1 muffin							X	X							
Roll, Hoagie White Whole Wheat 4"	Galasso's Bakery	2133	28	1 roll							X	X							
Roll, White Whole Wheat 6" Steak (Sub Sandwiches)	Galasso's Bakery	2122	32	1 roll							X	X							
Roll, T-Biscuit, White Whole Wheat	Galasso's Bakery	2228	15	1 roll							X	X							
Roll, WG Mini Dinner Roll 0.9 oz.	Sky Blue Bakery	MWDR5196	12	1 roll	X	X		X		X	X	X							
Roll, WG Dinner Roll 1.75 oz.	Sky Blue Bakery	WWDR5172	28	1 roll	X	X		X		X	X	X							
Tortilla, La Colonial 6" Corn Tortilla	La Colonial	341-0123	26	2 servings															
Tortilla, La Reina 8" Flour	Moreno Bros	08215P3-151	22	1 each							X	X							
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
OTHER ENTREES																			
Burrito, Fiesta Santa Fe Bean & Cheese	Fiesta Santa Fe Brands	22260WG	59	5.5 oz	X	X	X			X		X							

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Cheese and Green Chile Tamale	Del Real Foods	766	29	1 tamale		X	X										X		X
Cheeseburger Sliders on Whole Grain Buns-IW	Intergrated	470220	30	4.35 oz.		X	X	X		X	X	X							
Corn Dog, Turkey,	Don Lee Farms	CN84072WG	28.3	1 each	X	X			X	X	X	X							X
Cheese Ravioli w/Roll																			
Cheese Ravioli, Whole Grain Mini	Tasty Brands	00834WG	30	14 pieces	X	X	X	X			X	X							
Roll, WG Mini Dinner Roll 0.9 oz.	Sky Blue Bakery	MWDR5196	12	1 roll	X	X		X		X	X	X							
Enchilada, Green w/cheese, MS/HS																			
WG Cheese Enchilada-Fernandos	Foster Farms	5280	28	2 each		X	X		X	X									
Las Palmas Green Chile Sauce	Las Palmas		3	2 oz					X	X									
Cheese, cheddar, shredded	Land O Lakes	41728	<1	.05 oz		X	X	X											
Hummus & Veggie Pack																			
Truitt Family Foods Hummus 1.90 oz. or	Truitt Family Farms		46	1 pack		X	X			X									
Truitt Family Foods Yogurt Dip, Fiesta Chili Lime	Truitt Family Farms		12	1.9 oz															
Chip, tortilla (2.0 oz) Corn WG, Mini Rounds	El Rancho	ELR 18-150	11	1.75 oz.		X					X								
Baby Carrots	Sunrise Produce			1 bag															
Cheese, Mozzarella String	Land O Lakes	59701	1	1 oz		X	X												
Pretzel w/Nacho Cheese																			
Soft Pretzel (2.2 oz)	J&J Snack Foods	30120	30								X	X							
Nacho Cheese Cup (Look at cheese subgroup)	Land O Lakes	39912	15	3 oz cup		X	X	X											
Pork, Carnitas-Roasted, Seasoned	Rose & Shore	790	1	2.3 oz															X
Pork Hot Link, MS/HS																			
Louisiana Hot Smoked Pork Sausage, (2oz)	Farmer John	61843	3	2 oz							X	X							X
Roll, White Wheat 6 inch Steak Roll	Galasso	2122	32	1 roll							X	X							
Pulled Pork Sandwich, MS/HS																			
Pork, Carnitas-Roasted, Seasoned	Rose & Shore	790	1	2.3 oz															X
Sweet Baby Rays Sauce			17	2 tbsp															
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2139	30	1 bun							X	X							
Quesadilla, Cheese, Whole Grain (4.2 OZ)	Rose and Shore	W31100	13	1 each		X	X	X	X	X	X	X							

Menu items subject to change and substitions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Rotini w/Meatsauce	JTM	CP5591	24	8 oz	X					X		X							
Roll, WG Mini Dinner Roll 0.9 oz.	Sky Blue Bakery	MWDR5196	12	1 roll	X	X		X		X	X	X							
Spaghetti w/meat sauce	JTM	CP5594	23	8 oz	X					X		X							
Roll, WG Mini Dinner Roll 0.9 oz.	Sky Blue Bakery	MWDR5196	12	1 roll	X	X		X		X	X	X							
SubSand, Combo 6"white wheat roll (ingredients below)						X	X				X	X							
Roll, White Wheat 6 inch, Steak Roll	Galasso	2122	32	1 roll							X	X							
Turkey Breast Meat	Commodity	100121	1	1 oz															
Ham, Turkey, Comm	Commodity	100126	1	1 oz															
Cheese, American	Land O Lakes	46253	2	1 oz		X	X												
Tomatoes, red, ripe	Commodity	900215	4	3 slices															
Iceberg lettuce			2	2 oz															
Taco Nada Pocket-Turkey (4.5 OZ)	Bell Tasty Foods	Taconada2B12	31	1 each		X	X	X	X	X	X	X							X
Tasty Nada - Italian Nada Pocket	Bell Tasty Foods	KBTR13	31	1 pocket		X	X	X	X	X	X								
Trout Melts 3.6 oz	Clear Springs Foods	8892	14	1 each		X	X		X	X	X	X							X
Turkey & Gravy Meal w/Mashed Potatoes & Biscuit																			
Turkey and Gravy- Precooked	Jennie O	2847-28	2	4 oz					X										X
Potato Pearls, Excel (1/4 cup dry)	Basic American Foods	76468	17	1/4 cup		X													
Galasso White Whole Wheat T-Biscuit	Galasso	2228	15	1 each								X							
Turkey Breast Meat	USDA		0.16	3 oz															
Uncrustable PBJ ww, 2.6 oz. Grape, Elem.	Smuckers	5150006960	32	1 each					X	X	X	X	X					X	
Uncrustable PBJ, 4.5 oz., Grape & Soy Protein, MS/HS	Smuckers	5150021029	56	1 each					X	X	X	X	X					X	
Yogurt Parfait w/2 oz. Granola, MS/HS																			
Lowfat Yogurt, 8oz Vanilla	Driftwood		29	8 oz		X		X											
Fieldstone Bakery Granola, 2oz.	Fieldstone Bakery		42	2 oz		X			X			X					X		
Strawberries	USDA		20	2.5 oz															
MS/HS BURRITOS																			
Burrito Taco Ex-Chix & Rice (ingredients below)			81	1 each		X	X	X	X	X	X	X							

Menu items subject to change and substitions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
Spanish Rice & Pinto Beans	USDA			1/4 cup															
Lawry's Mexican Rice Seasoning mix	Lawry's		6.00	1 tbsp															
Cheese, cheddar, shredded	Land O Lakes	41728	1	1/8 cup		X	X	X											
Chicken Fiesta Mix (Seasoned Chicken Strips)	Tyson		2	3 oz					X	X									
Bowl, Chicken & Rice (same ingredients as burrito)	CK		81	1 bowl		X	X	X	X	X	X	X							
Burrito , Taco Ex, Carnitas/Bn/Ch (ingredients below)						X	X	X			X	X							X
Pork carnitas, seasoned & roasted	Rose & Shore	790		1 oz															X
Beans, refried Santiago, (Excel quick prep)	Santiago	82948	15	1/4 cup															X
Cheese, cheddar, shredded	Land O Lakes	41728	1	1/8 oz		X	X	X											
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
Burrito Taco Ex, Bn/Ch (ingredients below)			49	1 each		X	X	X			X	X							
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
Refried Beans(vegetarian)	Santiago		14	1/4 cup															
Cheese, cheddar, shredded	Land O Lakes	41728	1	1 oz		X	X	X											
Sauce, Enchilada, Mild	Delta SpiceWorks, Inc	40-2311		1/2 oz															
Burrito, Chili-Cheese (ingredients below)	CK					X	X	X	X		X	X							
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
Cheese, cheddar, shredded	Land O Lakes	41728	1	1 oz		X	X	X											
Kettle cook beef taco meat	Integrated Food Service	C78000B-N78000B	7	3 oz					X		X								
Sauce, Enchilada, Mild	Delta SpiceWorks, Inc	40-2311		1/2 oz															
Burrito, BRC (ingredients below)						X	X	X			X	X							
Tortilla, La Reina 10" Flour	Moreno Bros	1030P3-151	31	1 each							X	X							
Refried Beans(vegetarian)	Santiago		14	1/4 cup															
Cheese, cheddar, shredded	Land O Lakes	41728	1	1 oz		X	X	X											
Sauce, Enchilada, Mild	Delta SpiceWorks, Inc	40-2311		1 oz															
Rice, Brown Cooked	CK		22.00	1/2 cup															
Chilito Seasoning			21	1 oz					X										

Menu items subject to change and substitutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Lawry's Mexican Rice Seasoning mix	Lawrys		6.00	1 tbsp															
Seasoned Chicken Strips, fully cooked	Tyson	3522-328	2	3 OZ					X	X									
SALADS (See Salad Book for Specs)																			
Asian Salad	CK		84	1 serving					X	X	X	X							X
Ken's Sesame Oriental Dressing	Ken's	KE0619	12	30g					X										
Crispy Noodles	La Choy		9	1/4 cup							X								
Baja Tostada Salad	CK		58	1 serving	X	X	X		X	X									X
Tortilla Chips	El Rancho La Vencedora	ELR2-150	31	2 oz. bag						X									X
Buttermilk Ranch Dressing - Taste Pleasers Gourmet	PPI	78000389	4	1.5 oz.	X	X			X	X									
Yellow Shredded Milk Cheddar Cheese	Land O Lakes	41749	<1	1 oz.		X	X												
Chef Salad - Turkey Ham	CK		47	1 portion	X	X	X		X	X	X	X							X
Yellow Shredded Milk Cheddar Cheese	Land O Lakes	41749	<1	1 oz.		X	X												
Elizabeth's Whole Grain Garlic Butter Croutons	Elizabeth's Food Company	115b14	14	.75 oz.		X				X	X	X							
Cracker	Back to Basics	37501	14	1 each		X				X	X	X							X
Buttermilk Ranch Dressing - Taste Pleasers Gourmet	PPI	78000389	4	1.5 oz.	X	X			X	X									
Chef Salad - Vegetarian	CK		51	1 portion	X						X	X							X
Yellow Shredded Milk Cheddar Cheese	Land O Lakes	41749	<1	1 oz.		X	X												
Elizabeth's Whole Grain Garlic Butter Croutons	Elizabeth's Food Company	115b14	14	.75 oz.		X				X	X	X							
Cracker	Back to Basics	37501	14	1 each		X				X	X	X							X
Buttermilk Ranch Dressing - Taste Pleasers Gourmet	PPI	78000389	4	1.5 oz.	X	X			X	X									
Egg, hard boiled,	Sunny Fresh				1	X													
Chicken Caesar Chef Salad	CK		44	1 portion	X	X			X	X	X								X
Yellow Shredded Milk Cheddar Cheese	Land O Lakes	41749	<1	1 oz.		X	X												
Elizabeth's Whole Grain Garlic Butter Croutons	Elizabeth's Food Company	115b14	14	.75 oz.		X				X	X	X							
Cracker	Back to Basics	37501	14	1 each		X				X	X	X							X
Buttermilk Ranch Dressing - Taste Pleasers Gourmet	PPI	78000389	4	1.5 oz.	X	X			X	X									
Coleslaw w/Sweet Dressing - CK (ingredients below)																			

Menu items subject to change and substitutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Coleslaw 3 Way (cabbage)																			
Sweet Dressing	CK		10	0.33oz	X	X				X									
Fiesta Bean & Corn Salsa	CK		14	1/2 cup															
Salad K12 Blend	Sunrise Produce Co		3	1 cup															
Salad, 50/50 Mix																			
Spinach & Romaine w/Ranch, K-5 (Ingredients Below)	CK																		
Ranch Dressing, Plain	CK			.33 oz	X	X				X									
Three bean salad-CK (ingredients below)										X									
Green beans, low sodium, canned	USDA	100307	3	1/2 cup															
Garbanzo chickpeas, canned, low sodium	USDA	100360	27.04	1/2 cup															
Kidney beans, canned, low sodium	USDA	100370	19	1/2 cup															
Italian dressing	Katherine's kitchen	80034	2	2 tbsp						X									
Vegan Salad-CK (Ingredients Below)																			
Spinach & Romaine Mix	CK																		
Brown Rice	CK																		
Black Beans	CK																		
Cherry Tomatoes																			
Health Mix	Sunrise Produce Co																		
FRUIT AND JUICE																			
Apple Juice (4oz)	Driftwood		15	1 each															
Apple with skin (raw) (100 g)			14	1 each															
Applesauce, canned, unsweetened			14	1/2 cup															
Applesauce, shlf,stbl, flvrd		A3500-282A	14	1 each															
Banana-regular	Sunrise Produce Co		23	1/2 cup															
Blue Rasp/Cherry Swirl 100% Frz Juice, Birthday theme	J&J Snack Foods Corp	41506	18	1 each															
Blue Rasp/Cherry Swirl 100% Frz Juice, Flag theme	J&J Snack Foods Corp	41501	18	1 each															
Cataloupe snack pack	Sunrise Produce	9062	7	1 each															

Menu items subject to change and substiutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Cherry 100% Frz Juice Heart Holiday theme	J&J Snack Foods Corp	41504	19	1 each															
Cherry/Lime Swirl 100% Frz Juice Snowman theme	J&J Snack Foods Corp	41505	19	1 each															
Double Lemon Smooth Fruit Ice Cup (4.4 oz)	J&J Snack Foods Corp	611221	21	1 each															
Fresh Slice Apples in a Bag (Fuji apples)	Sunmet		8	1/2 cup															
Fresh Slice Apples in a Bag (Granny smith apples)	Sunmet		7	1/2 cup															
Fruit , Frozen, blue rasp/cherry swrl	J&J Snack Foods Corp	41506	18	1 each															
Fruit Punch (4 oz)	Driftwood	28300	15	1 each															
Fruit Punch (8 oz)	Driftwood	28340	29	1 each															
Fruit, canned, mixed, extra light syrup	USDA Foods	100212	17	1/2 cup															
Fruit, Froze, Cup, Berry - Lemon (4.4 oz)	J&J Snack Foods Corp	23060025	19	1 each															
Fruit, Frozen, cup or pineapple (4.4 oz)	J&J Snack Foods Corp	23060010	20	1 each															
Fruit, Frozen, Cup, watermelon (4.4 oz)	J&J Snack Foods Corp	23060015	25	1 each															
Fruit, Frozen, Strawberry - Pomegranate (4.4 oz)	J&J Snack Foods Corp	23060005	19	1 each															
Fruitable Plus Juice	Apple & Eve		14	1 box															
Grape Escape	HMC Farms		10	1/2 cup															
Grapes	Swift Produce		8	1/2 cup															
Honeydew snack pack	Sunrise Produce	9064	8	1 each															
Kiwi	Swift Produce		24	2 kiwi															
Lemon/Lime Swirl 100% Frz juice shamrock theme (4.4 oz cup)	J&J Snack Foods Corp	41502	19	1 each															
Mango/Strwbry 100% Frz juice (4.4 ozcup)	J&J Snack Foods Corp	23060030	18	1 each															
Mixed Berry/Lemon Swirl 100% frzn juice (4.4 oz)	J&J Snack Foods Corp	23060025	19	1 each															
Orange Juice (4oz)	Driftwood		14	1 each															
Orange Pineapple 100% frzn juice (4.4 oz cup)	J&J Snack Foods Corp	23060010	20	1 each															
Orange Pineapple/Cherry Swirl 100% frzn juice (4.4 oz)	J&J Snack Foods Corp	23060020	19	1 each															
Orange/Lime swirl 100% frzn juice Pumpkin theme (4.4 oz)	J&J Snack Foods Corp	41503	19	1 each															
Oranges (154 g)	Swift Produce		21	1 each															
Oranges, California, Valencia Raw (100 g)			12	1 each															
Peaches	Commodity	2000-01	17	1/2 cup															

Menu items subject to change and substitions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Peaches, Frozen, Freestone, Diced (4.4 oz)	USDA Foods	100241	19	1 each															
Pears, canned, bartlett, diced	USDA Foods	100225	15.02	1/2 cup															
Pineapple, Canned, Tidbits	USDA Foods	A443	16.9	1/2 cup															
Raisels sour lemon blast (1.25 oz)	Raisels	CLR111	29	1 each															
Sliced Apples	HMC Marketing		8	1/2 cup															
Starwberries (4 oz)	Swift Produce		7.5	1/2 cup															
Strawberries, Frozen, Diced (4.5 oz)	USDA Foods	100256	22	1 each															
Strawberry Pomegranate Premium 100% frzn juice (4.4 oz cup)	J&J Snack Foods Corp	23060005	19	1 each															
Strawberry/Lemonade Swirl 100% frzn juice sports theme	J&J Snack Foods Corp	41507	19	1 each															
Very Strawberry Smooth Fruit Ice Cup (4.4 oz)	J&J Snack Foods Corp	611203	19	1 each															
Watermelon snack pack	sunrise produce company	9069	8	1 each															
Watermelon Premium Frozen 100% Juice (4.4 fl. Oz)	J&J Snack Foods Corp	23060015	25	1 each															
Whole Fruit, Mixed Berry & Lemon Swirl Frozen Fruit Cups	Driftwood	23060025	19	1 each															
Whole Fruit Watermelon Frozen Fruit Cups	Driftwood	23060015	25	1 each															
Whole Fruit, Strawberry Pomegranate Frozen Fruit Cup	Driftwood	23060005	19	1 each															
Wild Cherry Premium 100% Frzn Juice (4.4 oz)	J&J Snack Foods Corp	23060000	19	1 each															
Wild Watermelon Wipeout Smooth Fruit Ice Cup (4.4 oz)	J&J Snack Foods Corp	611213	19	1 each					X	X						X	X		
Wildberry Juice (4oz)	Driftwood		15	1 each															
VEGETABLES																			
Baby Carrots/Celery Snack Packs (3 oz)	Field Fresh Foods		2.9	3 oz															
Baked beans (CK Recipe)			29.4	1/2 cup															
Beans, Pinto			24	1/2 cup															
Broccoli Flowerets/Baby Carrots Snack pack (3.5 oz)	Field Fresh Foods		6.7	3.5 oz															
Broccoli, raw				1.75 oz															
Carrot Crisps (2 oz)	Grimmway Farms		5	1 each															
Carrot/Broccoli mix (2.75 oz)	Sunrise Produce Co	9087	6	1 each															
Carrots, Baby (3 oz)	Field Fresh Foods		5.6	3 oz															

Menu items subject to change and substitions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Carrots, Baby, Raw (2 oz)				1.75 oz															
Celery, Fresh	USDA Foods		1	1/2 cup															
Corn, whole kernel, low sodium, canned			15	1/2 cup															
Cucumbers	USDA Foods		2	1/2 cup															
Fiesta Corn and Black Bean	USDA Foods		24	1/2 cup															
Green Beans	Commodity		3	1/2 cup															
Harvest Corn Chowder	USDA Foods		31	1 cup															
Jicama			6	1/2 cup															
Potato Pearls, Excel (1/4 cup dry)	Basic American Foods	76468	17	1/4 cup		X													
Refried Beans (original smooth)	Santiago	82948	28	1/2 cup															X
Refried Beans (whole bean)	Santiago		25	1/2 cup															X
Refried Beans(vegetarian)	Santiago		25	1/2 cup															
Savory Wedges (3 oz)	JR Simplot Product	SKU10071179478010	18	3 oz						X	X								X
Summer Squash	USDA Foods		2	1/2 cup															
Taster Pal Oven Crinkle Cuts (all veg) (3 oz)	JR Simplot Product	22C01603	22	3 oz						X									
Tater Gems (~8 Tator Tots)	JR Simplot Product	90004189	14	2.52 oz.															
Tri-Taters (2oz)	JR Simplot Product	2800101a	13	2 oz						X							X		
Vegetarian Beans	Seaside		24	1/2 cup					X		X								
SNACKS																			
All Sports Bites - Vanilla Grahams	MJM	514150	20	1 each						X	X	X							
Baked Ruffles Cheddar and Sour Cream	Frito Lay		24	1 bag		X	X	X	X										
Baked Lays, Sour Cream & Onion	Frito Lay		21	1 bag		X			X										
Baked Lays, BBQ	Frito Lay		22	1 bag		X			X	X	X								
Baked Lays, Original	Frito Lay		23	1 bag					X										
Baseball Cookie	Kids Kookie Co	3068/9068	13.7	1 each		X					X	X							
Cheesy Cheese Puffs	Snak King	240183	15	1 bag		X	X	X											
Chocolate Bear Grahams - MJM	MJM	402001	20	1 bag						X	X	X							

Menu items subject to change and substiutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Cookie, Ultimate RF Carnival (Snack Bar)	Bonzers	71035	18	1 each	X	X		X	X	X	X	X			X				
Crunchy Baked Cheetos	Frito Lay		17	1 bag		X	X												X
Eco Snackers	Kids Kookie Co	9700	17.8	1 each		X					X	X							
Festive Tree and Bell Cookie	Kids Kookie Co	3170	12.5	1 each		X					X	X							
Fiesta Cookie	Kids Kookie Co	3022	16.2	1 each		X					X	X							
Flamin hot fantastix cheetos	Frito Lay		20	1 bag		X	X	X									X		
Footbal and Helmet Assortment Cookie	Kids Kookie Co	3075	19.5	1 each		X					X	X							
Fortune Cookies	C. Pacific	MISC414	4	1 each	X					X	X								
French Onion Sunchips	Frito Lay		18	1 bag		X	X	X									X		X
Garden Salsa, sunchip	Frito Lay		18	1 bag		X	X	X									X		X
Giant Goldfish Grahams - WG 0.9 oz	Campbell's Foodservice	15094	19	1 pack					X	X	X	X							
Ginger Grahams Cookie	Kids Kookie Co	9410	6.25	1 each		X					X	X							
Gingerbread People Cookie	Tasty Brand	22011	19	1 pkg							X	X							
Goldfish Baked Flavor Blasted	Peppridge Farm		14	1 pkg		X	X	X	X	X	X						X		
Goldfish PhysEdibles	Campbell's Foodservice		19	1 pkg					X	X	X	X					X		
Goldfish, Baked Whole Grain, 0.75 oz.	Peppridge Farm		14	1 pkg		X	X			X	X	X							
Goldfish, Colors Baked WG - 0.75 oz.	Campbell's Foodservice	4788	14	1 pkg		X	X			X	X	X							
Goldfish, Whole Grain Pretzel	Campbell's Foodservice		16	1 pkg		X				X	X	X							
Green Egg Cookie	Kids Kookie Co	3027/9027	12.9	1 each		X					X	X							
Green Egg Cookie, WG (1oz), Linda's	Buena Vista Food Prods	71620	16	1 each	X				X		X	X							
Happy Birthday Cupcake-Chocolate	Super Bakery	9478	26	1 each	X	X			X	X	X	X							
Harvest Cheddar, sunchips	Frito Lay		19	1 bag		X	X	X				X					X		X
Holiday Wreath Cookie	Kids Kookie Co	9082	12.5	1 each		X					X	X							
Jack O Lantern Cookie	Kids Kookie Co	3030/9030	12.5	1 each		X					X	X							
Jungle Animal Crackers	J & J Snack Foods	39085	20	1 each							X	X							
Keebler Scooby-Doo Graham Cracker Sticks, honey			22	9 crackers					X	X	X								
Mini choc chip	Bonzers	71535	27	1 each	X	X		X	X	X	X	X			X		X		
Mini Choc. Chip	Kids Kookie Co	9780	21	1 each	X	X			X		X	X							

Menu items subject to change and substiutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Mini Snickerdoodle Cookie	Kids Kookie Co	9790	19.5	1 each	X						X	X							
Munchies flamin hot backpack mix	Frito Lay		18	1 bag		X	X	X									X		
Nacho cheese baked doritos	Frito Lay		16	1 bag		X	X	X											X
Orignal Sunchips	Frito Lay		19	1 bag								X					X		
Red Apple Cookie	Kids Kookie Co	3110/9110	12.5	1 each		X					X	X							
Reduced Fat Chocolate Chip Cookie (2 oz)	Buena Vista Food Prods	9520/B/W	36.5	1 each															
Reduced Fat Chocolate Chip Cookie (2.6 oz)	Buena Vista Food Prods	9526/B/W	42	1 each															
Reduced Fat oatmeal raisin (1 oz)	Buena Vista Food Prods	OR-10RF/OR-10WRF	21.5	1 each															
Rold Gold Pretzels	Frito Lay		23	1 bag							X	X							
Shamrock Cookie	Kids Kookie Co	3045/9045	12.5	1 each		X					X	X							
Shamrock Cookie, Linda's WG (1oz)	Buena Vista Food Prods	72920	16	1 each	X				X	X	X	X							
Shortbread Skeeter Cookies - Nut Free	Skeeter	3180	18	1 bag		X						X							
Smart educational snacks/english & spanish (.88 oz)	Dick & Jane	SC 8803	18	1 pkg		X			X		X	X							
Smart educational snacks/presidents (.88 oz)	Dick & Jane	SC 8802	18	1 pkg		X			X		X	X							
Smart Educational Snacks/states & capitals (.88oz)	Dick & Jane	SC 8801	18	1 pkg		X			X		X	X							
Spring Egg Cookie	Kids Kookie Co	3012/9012	12.5	1 each		X				X	X	X			X				
Strawberry delights fruit filled cookies (smiley face)	fieldstone		27	1 each	X	X		X	X	X	X	X							
Turkey Spice Cookie	Kids Kookie Co	3305/9005	13.8	1 each		X					X	X							
Valentine Heart Cookie	Kids Kookie Co	3050/9050	12.5	1 each		X					X	X							
Valentines (pink heart) cookie (1 oz)	Buena Vista Food Prods	73820	16	1 each	X				X		X	X							
CONDIMENTS																			
Americana Buttermilk Ranch	Heinz	78000846	1	1 each	X	X				X									
Americana Fancy Ketchup (9 g packet)	heinz	78002780	2	1 each															
Americana Fancy Ketchup (2 tsp)	PPI	1540	2	1 each															
Americana mayonnaise (2 tsp)	PPI		0	1 each	X					X									
Americana Syrup Packet (1.5 oz)	heinz	78000842	31	1 each															
Americana Yellow Mustard	Heinz	78000838	<1	1 each															

Menu items subject to change and substiutions

Menu Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	Produced in peanut/nut facility	Other nuts	Seeds (e.g. sunflower, sesame)	Pork	Other
Barbecue Sauce (1.3 oz)	Ventura Foods	47433	11	1 each															
Barbecue Sauce	Sweet Baby Ray's	SK0440-P	18	37g															
BBQ Sauce (2 tbsp)	Portion PAC	3132032	10	1 each															
Buttermilk Ranch Dressing - Taste Pleasers Gourmet	PPI	78000389	4	1.5 oz.	X	X			X	X									
Buttermilk Ranch Dressing	PPI	47042	2	28 g	X	X			X	X									X
Commodity Salsa (2 tbsp)	Commodity	2000-01	3	1 each															
Ken's Sesame Oriental Dressing	Ken's	KE0619	12	30g					X										
Italian Dressing	Marzetti	800374	2	2 tbsp						X									
Italian Dressing (3 tbsp)	Portion PAC	19984	4	1 each						X	X						X		
Light Mayonnaise	Green Boy Foods	PP104	0.7	1 each	X														
Marinara Sauce 1 oz Dunk Cups	Red Gold	REDNA1Z	3	1 each															
Mustard (1 tsp)	Portion PAC	5280	0	1 each															
Parmesan Cheese, Grated	N'Joy			1 packet		X													
Salsa, low sodium canned	USDA Foods	A237	4.4	1/4 cup															
Syrups, table blends, pancakes (1.25 oz)	(USDA facts)		22	1 each															
Taco Sauce	Ventura		1	1 pkg															
Taco Sauce, Tapatio			0	1 pkg															
Tajin	Tajin			0.05 oz.															

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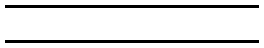
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