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## Zee Zees Hummus Cup, Original, 3 oz



### Nutrition Facts

This is a representation of the nutritional label.  
The actual nutrition label may vary.

Serving Size	3 oz.
Servings Per Container	120
Calories	110
Calories From Fat	

% Daily Value \*

<b>Total Fat</b> 2g	3.0%
Saturated Fat 0g	0.0%
Trans Fat 0g	
<b>Cholesterol</b> < 0mg	0.0%
<b>Sodium</b> 100mg	4.0%
<b>Total Carbohydrate</b> 18g	7.0%
Dietary Fiber < 5g	18.0%
Sugars 3g	
<b>Protein</b> 6g	
Vitamin A	
Vitamin C	
Vitamin D	0.0%
Vitamin E	
Calcium	2.0%
Iron	10.0%
Zinc	
Phosphorus	99mg
Potassium	185mg

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

### PRODUCT DETAILS

Item Number: 600355

Pack Size: 120/3 oz.

Item Category: Soups/Sauces/Spreads

Class: Always Available

Net Weight: 22.5

CN Labeled: No

Meal Contribution: 1 M/MA or 1/4c VEG (Legume)

Portion Size: 3 oz.

Kosher: Yes

Halal: No

Shelf Life:12 months  
Temperature Class: Dry  
Servings Per Case: 120

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#### PRODUCT DESCRIPTION

Zee Zees Hummus Cup, Original, 3 oz

#### BENEFITS - SUGGESTED USE

Shelf stable vegetarian protein option. Shelf stable, no refrigeration required. Serve with veggies or crackers for the perfect snack. Ideal for sack lunches. Each cup meets 1 M/MA or 1/4cup Veg Child Nutrition requirements. Best if served at room temperature. Kosher.

#### INSTRUCTIONS FOR PREPARATION AND COOKING

Ready to eat.

#### ALLERGEN STATEMENT

None listed on label. Contact Account Manager for more information.

#### BID SPECIFICATIONS

Shelf stable ready-to-eat Original Hummus in 3 oz cup. Cups must be shelf stable in dry storage for 12 months. Minimum 110 calories, 5g fiber, 2% calcium and only 100mg sodium per cup. Each cup meets 1 meat/meat alternative or 1/4 cup vegetable (Legume) under the NLSP guidelines.. Pack:120/3 oz. Acceptable Brand: National Food Group/Zee Zees

#### INGREDIENTS

Garbanzo Beans, Water, Lemon Juice Concentrate, Olive Oil, Garlic, Contains 2% or less of the following: Citric Acid, Spice, Salt.