



Nature Valley® Oats 'n Honey Parfait Granola Bulkpak Cereal

Delicious Nature Valley™ Granola with toasted oats. Smaller granola crumble for easier preparation and eating. Same great taste, crispier texture perfect for yogurt parfaits. No Artificial Colors & No Artificial Flavors. Whole Grain.

ALLERGENS: MAY CONTAIN WHEAT INGREDIENTS

UNIT SIZE: 50 OZ CASE COUNT: 4 PRODUCT CODE: 37854000 UPC: 016000378544 GTIN: 10016000378541

Nutrition Facts

| Serving Size: | 2/3 Cup (60g) | |
|--|---------------|----------------|
| Amount Per Serving: | Granola | |
| Calories | 230 | |
| Calories From Fat | 20 | |
| | | % Daily Value* |
| Total Fat | 2.5g | 4% |
| Saturated Fat | 0.5g | 3% |
| Trans Fat | 0g | |
| Polyunsaturated Fat | 1g | |
| Monounsaturated Fat | 1g | |
| Cholesterol | Omg | 0% |
| Sodium | 300mg | 13% |
| Potassium | 160mg | 5% |
| Total Carbohydrate | 50g | 17% |
| Dietary Fiber | 3g | 12% |
| Sugars | 21g | |
| Other Carbohydrate | 26g | |
| Protein | 5g | |
| Vitamin A | 0% | |
| Vitamin C | 0% | |
| Calcium | 2% | |
| Iron | 8% | |
| Thiamin | 2% | |
| Riboflavin | 2% | |
| Niacin | 2% | |
| Vitamin B6 | 2% | |
| Phosphorus | 10% | |
| Magnesium | 8% | |
| Zinc | 4% | |
| Copper | 2% | |
| * Percent Daily Value (DV) are based on a 2,000 calorie diet | | |

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* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify

ingredients and allergens.

*Do not eat raw dough or batter.

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Ingredients

Whole Grain Oats, Sugar, Crisp Rice (rice flour, barley malt extract, salt), Honey, Brown Sugar Syrup, Salt, Baking Soda, Natural Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

