



## Nature Valley® Oats 'n Honey Parfait Granola Bulkpak Cereal

Delicious Nature Valley™ Granola with toasted oats. Smaller granola crumble for easier preparation and eating. Same great taste, crispier texture perfect for yogurt parfaits. No Artificial Colors & No Artificial Flavors. Whole Grain.

ALLERGENS: MAY CONTAIN WHEAT INGREDIENTS

UNIT SIZE: 50 OZ CASE COUNT: 4 PRODUCT CODE: 37854000 UPC: 016000378544 GTIN: 10016000378541

## **Nutrition Facts**

Serving Size:	2/3 Cup (60g)	
Amount Per Serving:	Granola	
Calories	230	
Calories From Fat	20	
		% Daily Value*
Total Fat	2.5g	4%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Polyunsaturated Fat	1g	
Monounsaturated Fat	1g	
Cholesterol	Omg	0%
Sodium	300mg	13%
Potassium	160mg	5%
Total Carbohydrate	50g	17%
Dietary Fiber	3g	12%
Sugars	21g	
Other Carbohydrate	26g	
Protein	5g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	2%	
Iron	8%	
Thiamin	2%	
Riboflavin	2%	
Niacin	2%	
Vitamin B6	2%	
Phosphorus	10%	
Magnesium	8%	
Zinc	4%	
Copper	2%	
* Percent Daily Value (DV) are based on a 2,000 calorie diet		

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\* - Not a significant nutrient source

\* Nutritional information is subject to change. See product label to verify

ingredients and allergens.

\*Do not eat raw dough or batter.

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## Ingredients

Whole Grain Oats, Sugar, Crisp Rice (rice flour, barley malt extract, salt), Honey, Brown Sugar Syrup, Salt, Baking Soda, Natural Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

