# **Mission CISD School Nutrition Policy**

Effective December 14, 2015

Policy based on the Texas Competitive Rule effective September 1, 2014, the USDA Smart Snacks in School Nutrition Standards effective July 1, 2014 and the Alliance for a Healthier Generation

### All Mission CISD School Campuses

No competitive food sales allowed during the school day on School Campus except on the following 3 designated <a href="Fundraiser">Fundraiser</a> days: 1) last school day before Winter break, 2) last school day before Easter, and 3) the last scheduled school day of the year. Food sales on these designated fundraiser days must meet the USDA Smart Snacks in School Nutrition Standards. These competitive foods may not be sold during the meal service where reimbursable meal are served.

#### Elementary and Junior High beverage sales allowed all day

- Plain Water no size limit
- Unflavored low fat milk (8 oz. limit elementary) and (12 oz. limit secondary)
- Unflavored or flavored fat free milk (8 oz. limit elementary) and (12 oz. limit secondary)
- 100% fruit or 100% vegetable juice (8 oz. limit for elementary) and (12 oz. limit for secondary)

#### High School beverage sales allowed all day

- Beverages that are allowed by the USDA Smart Snacks in School Nutrition Standards and the Alliance for a Healthier Generation
- Only the Food Service Department may sell competitive foods during the meal service where reimbursable meals are served or consumed on the school campus. <u>Beverage sales other than by</u> the Food Service Department must take place outside of this designated time period and <u>designated location</u>.

## **Definitions**

- **School Campus** all areas of the property under the jurisdiction of the school that are accessible to students during the School Day.
- **School Day** is the period from midnight before to 30 minutes after the end of the official school day. The end of the official school day is 30 minutes after the students are dismissed.
- **Competitive Foods** are foods sold during the school day that are not part of the reimbursable meal and must meet nutrition standards.

Policy revisions recommended by the SHAC Nutrition Sub-Committee on November 3, 2015 and approved by the SHAC on November 4, 2015.

Policy approved by the Mission CISD Board of Trustees on December 9, 2015