

Yogurt Parfait, Strawberries

Nutrition Facts

Serving Size: 1/2 Cup

Amount Per Serving

Calories: 144

Calories from Fat: 0

Total Fat:	.0g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	0mg
Total Carbohydrate:	41.0g
Dietary Fiber:	5.0g
Protein:	1.0g

Vitamin A: 175RE Vitamin C: 30.0mg Calcium: 60.0mg Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Strawberry Sliced 4x1 (Parfait) (mfg label): STRAWBERRY, SUGAR [903221]