

## Yogurt, Light & Fit, Blueberry (6oz)

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk

Amount Per Serving

Calories: 80

Calories from Fat: 0

**Total Fat:** .0g

Saturated Fat: .0g

Trans Fat: 0.00

**Cholesterol:** 5mg

**Sodium:** 75mg

**Total Carbohydrate:** 16.0g

Dietary Fiber: .0g

**Protein:** 5.0g

Vitamin A: 400RE

Vitamin C: .0mg

Calcium: 150.0mg

Iron: .0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Yogurt, Blueberry Light N Fit 6 oz Danno (mfg label): NONFAT YOGURT [CULTURED GRADE A NON FAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], WATER, BLUEBERRY PUREE, FRUCTOSE, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, NATURAL FLAVOR, BLUE 2, RED 40, ASPARTAME, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), ACESULFAME POTASSIUM, SUCRALOSE, MALIC ACID, SODIUM CITRATE. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L.ACIDOPHILUS, PHENYLKETONURICS. CONTAINS: PHEYLALANINE AND MILK [902043]