

Taco Salad w/ Chicken & Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 414

Calories from Fat: 158

Total Fat: 17.6g

Saturated Fat: 5.3g

Trans Fat: 0.00

Cholesterol: 105mg

Sodium: 1,480mg

Total Carbohydrate: 35.2g

Dietary Fiber: 4.2g

Protein: 30.2g

Vitamin A: 704RE

Vitamin C: 3.3mg

Calcium: 262.7mg

Iron: 1.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, *WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF *XANTHAN GUM, *LOCUST BEAN GUM, *GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, *VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR). *NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

Chicken Fajita Strips, FC, Frz. USDA C33 (mfg label): BONELESS, SKINLESS CHICKEN LEG MEAT, WATER, SEASONING (SALT, SPICES, GARLIC POWDER, ONION POWDER, SUGAR, CORN STARCH, MODIFIED CORN STARCH, CHILI PEPPER, CORN SYRUP SOLIDS, MALTODEXTRIN, LEMON JUICE, CITRIC ACID, NATURAL FLAVOR, TORULA YEAST, DISODIUM INOSINATE AND DISODIUM GUANYLATE, LEMON OIL), ISOLATED SOY PROTEIN, SODIUM PHOSPHATES, AND SOY LECITHIN. CONTAINS: SOY [902979]

Chips, Tortilla Chips WG IW 1.45 oz (2 G (mfg label): WHOLE CORN, VEGETABLE OIL (CORN, SUNFLOWER AND/OR CANOLA OIL), AND SALT. GLUTEN FREE [903405]

LETTUCE,ICEBERG,FRESH (mfg label): LETTUCE [078021]