

Stuffing (Dressing)

Nutrition Facts

Serving Size: 1/2 Cup

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 202

Calories from Fat: 76

Total Fat:	8.5g
Saturated Fat:	3.4g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	561mg
Total Carbohydrate:	24.7g
Dietary Fiber:	1.0g
Protein:	4.1g

Vitamin A: ORE

Vitamin C: .0mg

Calcium: 1.2mg

Iron: 1.5mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Margarine Solid ZTF (mfg label): PALM OIL, WATER, SALT, NON-FAT DRY MILK SOLIDS, SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR). CONTAINS: MILK, SOYBEAN. CONTAINS: MILK AND SOY [903192]

Stuffing Mix Herb Chicken Sysco (mfg label): UNBROMATED UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], UNBROMATED STONE GROUND 100% WHOLE WHEAT FLOUR, DEHYDRATED ONIONS, CORN SYRUP SOLIDS, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2 PERCENT OR LESS OF: SALT, DEHYDRATED CELERY, YEAST, PARTIALLY HYDROGENATED SOYBEAN OIL, DEHYDRATED CHICKEN, CHICKEN FAT, CHICKEN BROTH, MALTODEXTRIN, ONION POWDER, SPICES, VINEGAR, XTRACTIVES OF TURMERIC (COLOR), AUTOLYZED YEAST EXTRACT, EHYDRATED GARLIC, EXTRACTIVES OF PAPRIKA (COLOR), NATURAL FLAVORS, SOY PROTEIN ISOLATE, SOY SAUCE SOLIDS (SOYBEANS), SUGAR, TORULA YEAST EXTRACT, TURMERIC (COLOR) AND MODIFIED CORN STARCH. ALLERGENS: SOY AND WHEAT [900201]

WATER,BOILING (mfg label): WATER, 212 DEGREES F OR ABOVE TO REACH BOILING POINT [000001]