

## Pop-Tart, Cinnamon, WG (2 Ct)

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Soy, Wheat

Amount Per Serving

Calories: 370

Calories from Fat: 45

<b>Total Fat:</b>	<b>5.0g</b>
Saturated Fat:	2.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>0mg</b>
<b>Sodium:</b>	<b>380mg</b>
<b>Total Carbohydrate:</b>	<b>75.0g</b>
Dietary Fiber:	6.0g
<b>Protein:</b>	<b>5.0g</b>

Vitamin A: 1,000RE    Vitamin C: .0mg    Calcium: 200.0mg    Iron: 3.6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Pop-Tart, WG Cinnamon (2 Ct) (mfg label): WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), VEGETABLE OIL (SOYBEAN, COTTONSEED AND HYDROGENATED COTTONSEED OIL WITH TBHQ AND CITRIC ACID FOR FRESHNESS)\*, HIGH FRUCTOSE CORN SYRUP, BROWN SUGAR, DEXTROSE, CORN SYRUP, CORN SYRUP SOLIDS, SUGAR, WHOLE GRAIN BARLEY FLOUR, CONTAINS TWO PERCENT OR LESS OF INULIN FROM CHICORY ROOT, MOLASSES, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), WHEAT STARCH, CINNAMON, CORNSTARCH, CARAMEL COLOR, GELATIN, SOY LECITHIN, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN HYDROCHLORIDE (VITAMIN B1), FOLIC ACID. CONTAINS: SOY AND WHEAT [902925]