

Hamburger

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 360

Calories from Fat: 176

Total Fat:	19.5g
Saturated Fat:	7.0g
Trans Fat:	0.00
Cholesterol:	70mg
Sodium:	520mg
Total Carbohydrate:	26.0g
Dietary Fiber:	2.0g
Protein:	24.0g

Vitamin A: 20RE

Vitamin C: .0mg

Calcium: 60.0mg

Iron: 2.9mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bun, Hamburger WG #3474 NEW SY 12- (mfg label): WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, DOUGH CONDITIONERS (MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), MOLASSES, WHEAT STARCH, SOY LECITHIN, CALCIUM PROPIONATE (PRESERVATIVE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID. CONTAINS: WHEAT, SOY [903106]

Flamebroiled Beef Steak Burger 3 oz (mfg label): BEEF, SEASONING (SALT, DEXTROSE, NATURAL FLAVORS, SPICE), NATURAL FLAVORING [903472]