

Granola, Bulk w/ Raisins

Nutrition Facts

Serving Size: 2/3 Cup

ALLERGENS

Milk, Tree Nuts, Wheat

Amount Per Serving

Calories: 230

Calories from Fat: 27

Total Fat:	3.0g
Saturated Fat:	.5g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	150mg
Total Carbohydrate:	48.0g
Dietary Fiber:	4.0g
Protein:	5.0g

Vitamin A: 750RE

Vitamin C: 1.2mg

Calcium: 20.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Granola, Low fat w/Raisins Bulk Kellogg' (mfg label): WHOLE GRAIN ROLLED OATS, WHOLE GRAIN WHEAT, SUGAR, RICE, CORN SYRUP, RAISINS, ALMONDS, CONTAINS 2% OR LESS OF GLYCERIN, PALM OIL, MOLASSES, MODIFIED CORN STARCH, SALT, CINNAMON, NONFAT MILK, MALT FLAVORING, POLYGLYCEROL ESTERS OF FATTY ACIDS, BHT FOR FRESHNESS, GUAR GUM. VITAMINS AND MINERALS: VITAMIN E (ALPHA TOCOPHEROL ACETATE), NIACINAMIDE, ZINC OXIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN C (SODIUM ASCORBATE AND ASCORBIC ACID), REDUCED IRON, VITAMIN A PALMITATE, FOLIC ACID, VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN D, VITAMIN B12. CONTAINS: WHEAT, ALMOND AND MILK. [903470]