

Glazed Sugar Snap Peas & Carrots

Nutrition Facts

Serving Size: 1/2 Cup

Amount Per Serving

Calories: 88

Calories from Fat: 30

Total Fat:	3.3g
Saturated Fat:	1.5g
Trans Fat:	*0.00* (see below)
Cholesterol:	0mg
Sodium:	46mg
Total Carbohydrate:	12.9g
Dietary Fiber:	2.1g
Protein:	1.2g

Vitamin A: 2,222RE Vitamin C: 3.0mg Calcium: 32.7mg Iron: .8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

* The available data does not currently provide complete information concerning the Trans Fat content of the ingredients for this item.

Ingredients

CARROTS,BABY,RAW (mfg label): CARROTS [011960]

GINGER,GROUND (mfg label): GROUND GINGER [002021]

LEMON JUICE,RAW (mfg label): LEMON JUICE [009152]

Margarine Solid ZTF (mfg label): PALM OIL, WATER, SALT, NON-FAT DRY MILK SOLIDS, SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR). CONTAINS: MILK, SOYBEAN. CONTAINS: MILK AND SOY [903192]

Peas, Sugar Snap Sysco (mfg label): SUGAR SNAP PEAS [903391]

PEPPER,BLACK (mfg label): BLACK PEPPER [002030]

SUGARS,BROWN,LIGHT (mfg label): SUGAR FROM SUGAR CANE AND MOLASSES [901909]