

French Toast Sticks w/ Scrambled Eggs

Nutrition Facts

Serving Size: 4 Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 391

Calories from Fat: 172

Total Fat: 19.2g

Saturated Fat: 5.0g

Trans Fat: 0.00

Cholesterol: 232mg

Sodium: 559mg

Total Carbohydrate: 44.1g

Dietary Fiber: 2.0g

Protein: 13.3g

Vitamin A: 355RE

Vitamin C: .0mg

Calcium: 93.6mg

Iron: 2.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

French Toast Sticks, WG, Aunt Jemima (mfg label): WHOLE GRAIN BREAD (WHOLE WHEAT FLOUR, WATER, HIGH FRUCTOSE CORN SYRUP, WHEAT GLUTEN, SUGAR, YEAST, SOY OIL, SALT, WHEAT FLOUR, CALCIUM PROPIONATE (PRESERVATIVE), HYDRATED MONOGLYCERIDES, MONO-DIGLYCERIDES, ETHOXYLATED MONO-DIGLYCERIDES, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, TURMERIC, AMMONIUM SULFATE, CALCIUM PEROXIDE, SOY LECITHIN), BATTER MIX (SUGAR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], NATURAL FLAVOR, MODIFIED CORN STARCH, SALT AND ARTIFICIAL FLAVOR), WATER, VEGETABLE OIL (COTTONSEED, AND/OR CANOLA, AND/OR SUNFLOWER, AND/OR SOYBEAN) WITH TBHQ AND CITRIC ACID AS PRESERVATIVES, PREDUST (WHEAT FLOUR [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, SOYBEAN OIL), BATTER (ENRICHED BLEACHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], DEXTROSE GELATINIZED WHEAT STARCH, SALT, WHEY, SUGAR, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE], SOYBEAN OIL, ARTIFICIAL FLAVOR, OLEORESIN PAPRIKA). CONTAINS: MILK, SOY AND WHEAT [900281]

Scrambled Eggs Cooked (mfg label): WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID, NATURAL AND ARTIFICIAL BUTTER FLAVOR (BUTTER [CREAM], LIPOLYZED BUTTER OIL, MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SOYBEAN OIL AND ANNATTO EXTRACT). CONTAINS: EGGS, MILK AND SOY [601438]