

## French Toast Sticks, WG

### Nutrition Facts

Serving Size: 4 Each

### ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 300

Calories from Fat: 117

<b>Total Fat:</b>	<b>13.0g</b>
Saturated Fat:	3.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>0mg</b>
<b>Sodium:</b>	<b>380mg</b>
<b>Total Carbohydrate:</b>	<b>43.0g</b>
Dietary Fiber:	2.0g
<b>Protein:</b>	<b>6.0g</b>

Vitamin A: 75RE

Vitamin C: .0mg

Calcium: 60.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

French Toast Sticks, WG, Aunt Jemima (mfg label): WHOLE GRAIN BREAD (WHOLE WHEAT FLOUR, WATER, HIGH FRUCTOSE CORN SYRUP, WHEAT GLUTEN, SUGAR, YEAST, SOY OIL, SALT, WHEAT FLOUR, CALCIUM PROPIONATE (PRESERVATIVE), HYDRATED MONOGLYCERIDES, MONO-DIGLYCERIDES, ETHOXYLATED MONO-DIGLYCERIDES, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, TURMERIC, AMMONIUM SULFATE, CALCIUM PEROXIDE, SOY LECITHIN), BATTER MIX (SUGAR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], NATURAL FLAVOR, MODIFIED CORN STARCH, SALT AND ARTIFICIAL FLAVOR), WATER, VEGETABLE OIL (COTTONSEED, AND/OR CANOLA, AND/OR SUNFLOWER, AND/OR SOYBEAN) WITH TBHQ AND CITRIC ACID AS PRESERVATIVES, PREDUST (WHEAT FLOUR [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, SOYBEAN OIL), BATTER (ENRICHED BLEACHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], DEXTROSE GELATINIZED WHEAT STARCH, SALT, WHEY, SUGAR, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE], SOYBEAN OIL, ARTIFICIAL FLAVOR, OLEORESIN PAPRIKA). CONTAINS: MILK, SOY AND WHEAT [900281]