

Doritos, Cool Ranch, RF

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk

Amount Per Serving

Calories: 130

Calories from Fat: 45

Total Fat:	5.0g
Saturated Fat:	1.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	160mg
Total Carbohydrate:	19.0g
Dietary Fiber:	2.0g
Protein:	2.0g

Vitamin A: 5RE

Vitamin C: .0mg

Calcium: 40.0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Doritos Cool Ranch Red Fat ss (mfg label): WHOLE CORN, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, SOYBEAN, AND/OR SUNFLOWER OIL), BUTTERMILK, SALT, CORN DEXTRIN, TOMATO POWDER, CORN STARCH, WHEY, CORN SYRUP SOLIDS, ONION POWDER, GARLIC POWDER, MONOSODIUM GLUTAMATE, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), NONFAT MILK, SUGAR, DEXTROSE, MALIC ACID, SODIUM ACETATE, ARTIFICIAL COLOR (INCLUDING RED 40, BLUE 1, YELLOW 5), SODIUM CASEINATE, DISODIUM PHOSPHATE, SPICE, NATURAL AND ARTIFICIAL FLAVORS DISODIUM INOSINATE, AND DISODIUM GUANYLATE. CONTAINS: MILK [900379]