

Cereal Bar, Trix, WG

Nutrition Facts

Serving Size: Each

ALLERGENS

Wheat

Amount Per Serving

Calories: 150

Calories from Fat: 27

Total Fat: 3.0g

Saturated Fat: .5g

Trans Fat: 0.00

Cholesterol: 0mg

Sodium: 110mg

Total Carbohydrate: 30.0g

Dietary Fiber: 3.0g

Protein: 2.0g

Vitamin A: 100RE

Vitamin C: 1.2mg

Calcium: 200.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cereal Bar, Trix, Whole Grain (mfg label): WHOLE GRAIN OATS, CORN SYRUP, SUGAR, WHOLE WHEAT FLOUR, CANOLA AND/OR RICE BRAN OIL, BROWN RICE FLOUR, FRUCTOSE, CORN FLOUR, HIGH FRUCTOSE CORN SYRUP, WHOLE GRAIN CORN. CONTAINS 2% OR LESS OF: WHEAT STARCH, GLYCERIN, MALTODEXTRIN, CORN MEAL, SORBITOL, SALT, GELATIN, NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, TRICALCIUM PHOSPHATE, COLOR (RED 40, BLUE 1, YELLOWS 5 & 6, AND OTHER COLOR ADDED), TRISODIUM PHOSPHATE, CITRIC ACID, MALIC ACID. MIXED TOCOPHEROLS AND BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN C (SODIUM ASCORBATE), VITAMIN B2 (RIBOFLAVIN), A B VITAMIN (FOLIC ACID), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), VITAMIN B12, VITAMIN D3. CONTAINS: WHEAT [902176]