

Burrito Bowl- Beef, Black Beans & Rice

Nutrition Facts

Serving Size: Serving

Amount Per Serving

Calories: 471

Calories from Fat: 56

Total Fat:	6.3g
Saturated Fat:	1.9g
Trans Fat:	*0.00* (see below)
Cholesterol:	26mg
Sodium:	302mg
Total Carbohydrate:	82.9g
Dietary Fiber:	7.8g
Protein:	20.4g

Vitamin A: 558RE

Vitamin C: 4.4mg

Calcium: 86.8mg

Iron: 4.6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

* The available data does not currently provide complete information concerning the Trans Fat content of the ingredients for this item.

Ingredients

Bean, Black Commodities (mfg label): Prepared Black Beans, Water, Salt, Ferrous Gluconate, Calcium Chloride to Help Maintain Firmness. [903304]

Beef Taco Reduced Fat OH processed Ne (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CAMEL COLOR), SEASONING (DEHYDRATED ONIONS, CHILI PEPPER AND OTHER SPICES, DEHYDRATED GARLIC, SALT), SALT, CAMEL COLOR, VINEGAR, PAPRIKA EXTRACT. CONTAINS: SOY [900116]

CILANTRO,RAW (mfg label): CILANTRO [990006]

LIME JUC,CND OR BTLD,UNSWTND (mfg label): LIME JUICE FROM CONCENTRATE (WATER, LIME JUICE CONCENTRATE, SODIUM BENZOATE (PRESERVATIVE), LIME OIL, SODIUM METABISULFITE (PRESERVATIVE) [009161]

RICE,BROWN,MEDIUM-GRAIN,RAW (mfg label): NATURAL LONG GRAIN BROWN RICE [020040]

WATER,MUNICIPAL-USE (mfg label): WATER [903215]