

Broccoli w/ Cheese Sauce

Nutrition Facts

Serving Size: 1/2 Cup

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 112

Calories from Fat: 55

Total Fat: 6.1g

Saturated Fat: 4.0g

Trans Fat: 0.00

Cholesterol: 20mg

Sodium: 377mg

Total Carbohydrate: 7.6g

Dietary Fiber: 2.8g

Protein: 8.2g

Vitamin A: 1,130RE Vitamin C: 36.9mg Calcium: 230.4mg Iron: .6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

BROCCOLI,FRZ,CHOPD,CKD,BLD,DRN (mfg label): BROCCOLI [011093]

Cheese Sauce Pouch, Ultimate Cheddar L (mfg label): WATER, CULTURED PASTEURIZED MILK AND SKIM MILK, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, SALT, SODIUM CITRATE, TRICALCIUM PHOSPHATE, WHEY, BUTTERMILK, MALTODEXTRIN, ANNATTO AND OLEORESIN PAPRIKA, NATURAL FLAVORS, AUTOLYZED YEAST EXTRACT, LACTIC ACID, VEGETABLE MONO AND DIGLYCERIDES, SPICE, ENZYMES. CONTAINS: MILK, SOY [903242]