

Breakfast Bun

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 300

Calories from Fat: 90

Total Fat: 10.0g

Saturated Fat: 4.5g

Trans Fat: 0.00

Cholesterol: 0mg

Sodium: 280mg

Total Carbohydrate: 48.0g

Dietary Fiber: 3.0g

Protein: 6.0g

Vitamin A: 100RE

Vitamin C: 36.0mg

Calcium: 100.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Breakfast Bun, WF Fortified IW #2003 60/ (mfg label): WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, CONTAINS 2% OR LESS OF: CORNSTARCH, YEAST, DOUGH CONDITIONER (SOY FLOUR, WHEY, SALT, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, LECITHIN, SODIUM STEAROYL LACTYLATE, GUAR GUM, CALCIUM PROPIONATE, SOY OIL, ASCORBIC ACID, EXTRACTS OF ANNATTO AND TURMERIC, L-CYSTEINE, ENZYMES), LECITHIN, WHEAT FLOUR, SALT, GUMS (CELLULOSE, GUAR, XANTHAM), LACTALBUMIN, MAGNESIUM PHOSPHATE, DICALCIUM PHOSPHATE, CALCIUM SULFATE, FERROUS SULFATE, VITAMIN E, NIACINAMIDE, VITAMIN A, PRYIDOXINE, THIAMIN, RIBOFLAVIN, FOLIC ACID, VITAMIN B12, DEXTROSE, PROPYLENE GLYCOL AND SYLOID (ANTI-CAKING AGENT), NATURAL AND ARTIFICIAL FLAVOR, ASCORBIC ACID, CALCIUM CARBONATE, CALCIUM SULFATE, VEGETABLE GUM (AGAR, LOCUST BEAN GUM), DEXTROSE, SODIUM PHOSPHATE, MONO-AND DIGLYCERIDES FROM VEGETABLE OILS WITH TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR, CINNAMON, EGG. CONTAINS: EGG, MILK, SOY AND WHEAT. THIS PRODUCT IS PROCESSED IN A FACILITY THAT PRODUCES PRODUCTS WITH TREENUTS. [903467]