

Yogurt, Cheese & Goldfish Crackers Meal

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Wheat

Amount Per Serving

Calories: 260

Calories from Fat: 59

Total Fat: 6.5g

Saturated Fat: 3.5g

Trans Fat: 0.00

Cholesterol: 15mg

Sodium: 430mg

Total Carbohydrate: 35.0g

Dietary Fiber: 1.0g

Protein: 14.0g

Vitamin A: 600RE

Vitamin C: .0mg

Calcium: 320.0mg

Iron: .4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, Mozzarella Sticks Sysco (mfg label): PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, VITAMIN A PALMITATE. CONTAINS: MILK [900109]

Goldfish Crackers, WG Cheddar .75 oz (mfg label): MADE WITH SMILES AND WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO), VEGETABLE OILS (CANOLA, SUNFLOWER AND/OR SOYBEAN), CONTAINS 2 PERCENT OR LESS OF: SALT, AUTOLYZED YEAST, YEAST, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), PAPRIKA, SPICES, DEHYDRATED ONIONS. CONTAINS: MILK AND WHEAT [903409]

Yogurt, Trix Strawberry Banana 4 oz (mfg label): CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, MODIFIED CORN STARCH, KOSHER GELATIN, CITRIC ACID, COLORED WITH VEGETABLE JUICE, FRUIT JUICE AND BETA CAROTENE, POTASSIUM SORBATE ADDED TO MAINTAIN FRESHNESS, NATURAL FLAVOR, VITAMIN A ACETATE, VITAMIN D3. CONTAINS: MILK [902149]

