

Teriyaki Chicken w/ Brown Rice

Nutrition Facts

Serving Size: Serving

ALLERGENS

Eggs, Soy, Wheat

Amount Per Serving

Calories: 306

Calories from Fat: 52

Total Fat:	5.7g
Saturated Fat:	1.7g
Trans Fat:	0.00
Cholesterol:	65mg
Sodium:	294mg
Total Carbohydrate:	43.0g
Dietary Fiber:	1.6g
Protein:	18.4g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 16.9mg

Iron: 1.9mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Chicken Teriyaki MINH Schwans (mfg label): INGREDIENTS: COOKED DARK MEAT CHICKEN STRIPS WITH BINDERS ADDED (BONELESS, SKINLESS DARK MEAT CHICKEN, CHICKEN BROTH, ISOLATED SOY PROTEIN, DRIED WHOLE EGG, CONTAINS 2% OR LESS OF: CARAMELIZED SUGAR, DEHYDRATED GARLIC, DEHYDRATED ONION, DEXTROSE, FLAVORINGS, LIME JUICE SOLIDS, MALTODEXTRIN, NATURAL FLAVORS, SALT, SPICES, SUGAR); SAUCE (WATER, SUGAR, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, AND LESS THAN 0.10% SODIUM BENZOATE AS A PRESERVATIVE], BROWN SUGAR, MOLASSES POWDER [CANE REFINERY SYRUPS, CANE MOLASSES], MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: TOASTED SESAME OIL, CARAMEL COLOR, XANTHAN GUM, SPICE, SALT, GARLIC POWDER, ONION POWDER). CONTAINS: EGG, SOY, WHEAT [903512]

RICE,BROWN,MEDIUM-GRAIN,RAW (mfg label): NATURAL LONG GRAIN BROWN RICE [020040]

WATER,MUNICIPAL-USE (mfg label): WATER [903215]