

## Pop-Tart, Strawberry, WG (1 Ct)

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Soy, Wheat

Amount Per Serving

Calories: 180

Calories from Fat: 23

<b>Total Fat:</b>	<b>2.5g</b>
Saturated Fat:	1.0g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>0mg</b>
<b>Sodium:</b>	<b>180mg</b>
<b>Total Carbohydrate:</b>	<b>38.0g</b>
Dietary Fiber:	3.0g
<b>Protein:</b>	<b>2.0g</b>

Vitamin A: 500RE

Vitamin C: .0mg

Calcium: 100.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Pop-Tart, Strawberry WG (1 Ct) (mfg label): WHOLE WHEAT FLOUR, SUGAR, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), DEXTROSE, SOYBEAN AND PALM OIL ( WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF FRUCTOSE, WHEAT STARCH, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), NATURAL AND ARTIFICIAL STRAWBERRY FLAVOR, DRIED STRAWBERRIES, DRIED PEARS, DRIED APPLES, SODIUM STEAROYL LACTYLATE, CORN CEREAL, CITRIC ACID, DATEM, GELATIN, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, SOY LECITHIN, XANTHAN GUM, CARAMEL COLOR, VITAMIN A PALMITATE, RED #40, NIACINAMIDE, REDUCED IRON, COLOR ADDED, TURMERIC EXTRACT FOR COLOR, YELLOW #6, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN HYDROCHLORIDE (VITAMIN B1), FOLIC ACID, BLUE #1. CONTAINS: SOY AND WHEAT [903149]

