Deli Turkey Sandwich			
Nutrition Serving Size:		ALLERGEN Wheat	<u>S</u>
Amount Per Serving			
Calories: 193		Calories from Fat: 12	
	Total Fat:	1.4g	
	Saturated Fat:	.0g	
	Trans Fat:	0.00	
	Cholesterol:	26mg	
	Sodium:	497mg	
	Total Carbohydrate:	26.0g	
	Dietary Fiber:	4.0g	
Protein:		18.1g	
Vitamin A: 10RE	Vitamin C: .0mg	Calcium: 40.0mg	Iron: 1.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Bread, WG Sandwich Bread #1292 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, WHEAT GLUTEN, POLYDEXTROSE, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (MONOGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, ASCORBIC ACID, AZODICARBONAMIDE, CALCIUM PEROXIDE), YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM SULFATE), CITRIC ACID, CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT [903126]

Turkey, Jenni-O Pre-Sliced 2318-12 (mfg label): TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS SALT, SUGAR, BAKING SODA [903459]