

## American Sub

### Nutrition Facts

Serving Size: Each

### ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 254

Calories from Fat: 73

<b>Total Fat:</b>	<b>8.1g</b>
Saturated Fat:	3.2g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>28mg</b>
<b>Sodium:</b>	<b>732mg</b>
<b>Total Carbohydrate:</b>	<b>32.3g</b>
Dietary Fiber:	4.4g
<b>Protein:</b>	<b>15.3g</b>

Vitamin A: 592RE    Vitamin C: 36.4mg    Calcium: 147.5mg    Iron: 2.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Bun, Hoagie 5" WG, #3737 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, MOLASSES, CALCIUM PROPIONATE (PRESERVATIVE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), YEAST NUTRIENT (CALCIUM SULFATE), WHEAT STARCH, SOY LECITHIN. CONTAINS: WHEAT, SOY [903105]

Cheese, American Sliced OH processed (mfg label): MILK, SKIM MILK, WATER, WHEY, CHEESE CULTURE, MODIFIED FOOD STARCH\*, SODIUM CITRATE, SALT, POTASSIUM CITRATE, LACTIC ACID, SORBIC ACID (PRESERVATIVE), ARTIFICIAL COLOR, CREAM, LECITHIN, ENZYMES, \*INGREDIENT NOT IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: SOY AND MILK [990124]

LETTUCE, ICEBERG, FRESH shredded (mfg label): LETTUCE, ICEBERG, FRESH, SHREDDED [900150]

Peppers, Green Sweet (mfg label): FRESH GREEN PEPPERS [903462]

TOMATOES, FRESH, RED RIPE (mfg label): TOMATOES [078031]

Turkey Ham, Jenni-O Pre-Sliced 2568-21 (mfg label): TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, SUGAR, VINEGAR, CONTAINS 2% OR LESS SALT, NATURAL FLAVOR (CELERY JUICE POWDER), BAKING SODA, NATURAL SMOKE FLAVOR. [903460]

Turkey, Jenni-O Pre-Sliced 2318-12 (mfg label): TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS SALT, SUGAR, BAKING SODA [903459]

