

Tacos, Beef & Cheese in Tortilla Shells

Nutrition Facts

Serving Size: 2 Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 328

Calories from Fat: 106

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|----------------------------|--------------|
| Total Fat: | 11.8g |
| Saturated Fat: | 4.6g |
| Trans Fat: | 0.00 |
| Cholesterol: | 43mg |
| Sodium: | 751mg |
| Total Carbohydrate: | 34.3g |
| Dietary Fiber: | 6.2g |
| Protein: | 22.7g |

Vitamin A: 863RE

Vitamin C: 5.6mg

Calcium: 344.8mg

Iron: 3.9mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Taco Reduced Fat OH processed Ne (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEASONING (DEHYDRATED ONIONS, CHILI PEPPER AND OTHER SPICES, DEHYDRATED GARLIC, SALT), SALT, CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT. CONTAINS: SOY [900116]

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, *WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF *XANTHAN GUM, *LOCUST BEAN GUM, *GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, *VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR). *NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

LETTUCE,ICEBERG,FRESH (mfg label): LETTUCE [078021]

Tortilla Wrap, WG, RS Mexican Original 6 (mfg label): WATER, WHOLE WHEAT FLOUR, BLEACHED ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, HYDROGENATED VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: COTTONSEED OIL, SOYBEAN OIL, PALM OIL, SUNFLOWER OIL) WITH MONO- AND DIGLYCERIDES AND/OR CITRIC ACID, POTATO STARCH WITH MONOGLYCERIDE, CONTAINS 2% OR LESS OF THE FOLLOWING: VITAL WHEAT GLUTEN, SUGAR, SEA SALT, LEAVENING (SODIUM BICARBONATE, CALCIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), FUMARIC ACID. CONTAINS: WHEAT [903231]

