

## Taco Salad w/ Fritos Corn Chips

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk, Soy

Amount Per Serving

Calories: 353

Calories from Fat: 143

<b>Total Fat:</b>	<b>15.8g</b>
Saturated Fat:	4.5g
Trans Fat:	0.00
<b>Cholesterol:</b>	<b>43mg</b>
<b>Sodium:</b>	<b>776mg</b>
<b>Total Carbohydrate:</b>	<b>34.8g</b>
Dietary Fiber:	6.0g
<b>Protein:</b>	<b>20.2g</b>

Vitamin A: 1,078RE Vitamin C: 8.3mg Calcium: 186.4mg Iron: 2.9mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Beef Taco Reduced Fat OH processed Ne (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEASONING (DEHYDRATED ONIONS, CHILI PEPPER AND OTHER SPICES, DEHYDRATED GARLIC, SALT), SALT, CARAMEL COLOR, VINEGAR, PAPRIKA EXTRACT. CONTAINS: SOY [900116]

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, \*WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF \*XANTHAN GUM, \*LOCUST BEAN GUM, \*GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, \*VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR). \*NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

Corn Chips, Fritos WG RF (mfg label): WHOLE CORN, CORN, CORN OIL AND SALT. [903515]

LETTUCE,ICEBERG,FRESH shredded (mfg label): LETTUCE, ICEBERG, FRESH, SHREDDED [900150]