

Sweet Chili Beef Meatball Rice Bowl

Nutrition Facts

Serving Size: 4 Each

ALLERGENS

Milk, Soy, Wheat

Amount Per Serving

Calories: 449

Calories from Fat: 79

Total Fat: 8.8g

Saturated Fat: 3.4g

Trans Fat: 0.00

Cholesterol: 30mg

Sodium: 983mg

Total Carbohydrate: 75.5g

Dietary Fiber: 3.5g

Protein: 18.2g

Vitamin A: 1,551RE Vitamin C: 9.6mg Calcium: 71.9mg Iron: 2.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Meatballs, Commodity P867 (mfg label): GROUND BEEF (NOT MORE THAN 20% FAT), WATER, BREADCRUMBS (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CORN SYRUP, SUGAR, VEGETABLE SHORTENING [ONE OR MORE OF THE FOLLOWING: HYDROGENATED SOYBEAN OIL AND/OR COTTONSEED OIL], YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SOY FLOUR, WHEY, SODIUM STEAROYL 2 LACTYLATE, CALCIUM PROPIONATE, SESAME SEEDS), TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), SEASONING (SUGAR, LITE SALT [SODIUM AND POTASSIUM CHLORIDE], DEHYDRATED ONION AND GARLIC, SPICES, YEAST EXTRACT, PARSLEY FLAKES, VEGETABLE OIL), SALT. CONTAINS: MILK, SOY AND WHEAT [903491]

Carrots, Shredded (mfg label): CARROTS [903492]

RICE, BROWN, MEDIUM-GRAIN, RAW (mfg label): NATURAL LONG GRAIN BROWN RICE [020040]

Sweet Chili Sauce JTM (mfg label): WATER, SWEET CHILI SEASONING (FRUCTOSE, SUGAR, DEHYDRATED GARLIC, SALT, MODIFIED FOOD STARCH, RICE VINEGAR POWDER [MALTODEXTRIN, RICE VINEGAR], DEHYDRATED BELL PEPPER, CONTAINS 2% OR LESS OF SPICE, XANTHAN GUM, PAPRIKA EXTRACT, SOYBEAN OIL), SUGAR, VINEGAR, DEHYDRATED ONION. [903457]

WATER, MUNICIPAL-USE (mfg label): WATER [903215]

