

## Salad, Ham & Shredded Cheese

### Nutrition Facts

Serving Size: Each

### **ALLERGENS**

Milk

Amount Per Serving

Calories: 139

Calories from Fat: 52

**Total Fat:** 5.8g

Saturated Fat: 2.3g

Trans Fat: 0.00

**Cholesterol:** 33mg

**Sodium:** 659mg

**Total Carbohydrate:** 7.7g

Dietary Fiber: 3.0g

**Protein:** 15.3g

Vitamin A: 12,433RE Vitamin C: 5.6mg Calcium: 147.8mg Iron: 1.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

### Ingredients

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, \*WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF \*XANTHAN GUM, \*LOCUST BEAN GUM, \*GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, \*VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR). \*NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]

Turkey Ham, Jenni-O Pre-Sliced 2568-21 (mfg label): TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, SUGAR, VINEGAR, CONTAINS 2% OR LESS SALT, NATURAL FLAVOR (CELERY JUICE POWDER), BAKING SODA, NATURAL SMOKE FLAVOR. [903460]

