Salad, Ham & Blue Cheese

Nutrition Facts

Milk

ALLERGENS

Serving Size: Each

Amount Per Serving

Calories: 129 Calories from Fat: 50

Total Fat: 5.5g Saturated Fat: 2.3q Trans Fat: 0.00 **Cholesterol: 31mg** Sodium: 517mg **Total Carbohydrate:** 6.6g Dietary Fiber: 3.0g Protein: 13.3g

Vitamin A: 12,357RE Vitamin C: 5.6mg Calcium: 84.5mg Iron: 1.7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, Blue Crumbles (mfg label): BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR. CONTAINS: MILK [902933]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]

Turkey Ham, Jenni-O Pre-Sliced 2568-21 (mfg label): TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, SUGAR, VINEGAR, CONTAINS 2% OR LESS SALT, NATURAL FLAVOR (CELERY JUICE POWDER), BAKING SODA, NATURAL SMOKE FLAVOR. [903460]