## Salad, Chicken & Blue Cheese

**Nutrition Facts** 

ALLERGENS Milk, Soy

Serving Size: Each

Amount Per Serving

Calories: 169

Calories from Fat: 41

Total Fat:4.5gSaturated Fat:1.3gTrans Fat:0.00Cholesterol:66mgSodium:427mgTotal Carbohydrate:5.6g

Dietary Fiber: 3.0g **Protein:** 25.3g

Vitamin A: 12,357RE Vitamin C: 5.6mg Calcium: 84.5mg Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Cheese, Blue Crumbles (mfg label): BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR. CONTAINS: MILK [902933]

Chicken, Grilled Strips-Tyson Red Label (mfg label): BONELESS, SKINLESS CHICKEN BREAST STRIPS WITH RIB MEAT, WATER, SEASONING, (MALTODEXTRIN, SALT, SUGAR, CHICKEN STOCK, VEGETABLE STOCK (CARROT, ONION, CELERY), FLAVORS, CARROT POWDER AND GARLIC POWDER), MODIFIDED CORN STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE, SEA SALT. CONTAINS: SOY. [903193]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]