

Salad, Chicken

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy

Amount Per Serving

Calories: 144

Calories from Fat: 23

Total Fat:	2.5g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	60mg
Sodium:	331mg
Total Carbohydrate:	5.6g
Dietary Fiber:	3.0g
Protein:	23.7g

Vitamin A: 12,281RE Vitamin C: 5.6mg Calcium: 46.5mg Iron: 1.4mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Chicken, Grilled Strips-Tyson Red Label (mfg label): BONELESS, SKINLESS CHICKEN BREAST STRIPS WITH RIB MEAT, WATER, SEASONING, (MALTODEXTRIN, SALT, SUGAR, CHICKEN STOCK, VEGETABLE STOCK (CARROT, ONION, CELERY), FLAVORS, CARROT POWDER AND GARLIC POWDER), MODIFIED CORN STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE, SEA SALT. CONTAINS: SOY. [903193]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]

