

Salad, Chicken, Turkey & Blue Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 145

Calories from Fat: 32

Total Fat: 3.5g

Saturated Fat: 1.3g

Trans Fat: 0.00

Cholesterol: 54mg

Sodium: 499mg

Total Carbohydrate: 5.1g

Dietary Fiber: 3.0g

Protein: 22.3g

Vitamin A: 12,357RE Vitamin C: 5.6mg Calcium: 84.5mg Iron: 1.6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, Blue Crumbles (mfg label): BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR. CONTAINS: MILK [902933]

Chicken, Grilled Strips-Tyson Red Label (mfg label): BONELESS, SKINLESS CHICKEN BREAST STRIPS WITH RIB MEAT, WATER, SEASONING, (MALTODEXTRIN, SALT, SUGAR, CHICKEN STOCK, VEGETABLE STOCK (CARROT, ONION, CELERY), FLAVORS, CARROT POWDER AND GARLIC POWDER), MODIFIED CORN STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE, SEA SALT. CONTAINS: SOY. [903193]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]

Turkey, Jenni-O Pre-Sliced 2318-12 (mfg label): TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS SALT, SUGAR, BAKING SODA [903459]

