

Salad, Chicken, Ham & Shredded Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Soy

Amount Per Serving

Calories: 159

Calories from Fat: 48

Total Fat:	5.3g
Saturated Fat:	1.8g
Trans Fat:	0.00
Cholesterol:	50mg
Sodium:	614mg
Total Carbohydrate:	7.2g
Dietary Fiber:	3.0g
Protein:	21.3g

Vitamin A: 12,433RE Vitamin C: 5.6mg Calcium: 147.8mg Iron: 1.6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, *WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF *XANTHAN GUM, *LOCUST BEAN GUM, *GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, *VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR). *NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

Chicken, Grilled Strips-Tyson Red Label (mfg label): BONELESS, SKINLESS CHICKEN BREAST STRIPS WITH RIB MEAT, WATER, SEASONING, (MALTODEXTRIN, SALT, SUGAR, CHICKEN STOCK, VEGETABLE STOCK (CARROT, ONION, CELERY), FLAVORS, CARROT POWDER AND GARLIC POWDER), MODIFIED CORN STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE, SEA SALT. CONTAINS: SOY. [903193]

Lettuce, Romaine (mfg label): ROMAINE LETTUCE [903212]

Turkey Ham, Jenni-O Pre-Sliced 2568-21 (mfg label): TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, SUGAR, VINEGAR, CONTAINS 2% OR LESS SALT, NATURAL FLAVOR (CELERY JUICE POWDER), BAKING SODA, NATURAL SMOKE FLAVOR. [903460]

