

Pop-Tart, Strawberry, WG (2 Ct)

Nutrition Facts

Serving Size: Each

ALLERGENS

Soy, Wheat

Amount Per Serving

Calories: 360

Calories from Fat: 41

Total Fat: 4.5g

Saturated Fat: 2.0g

Trans Fat: 0.00

Cholesterol: 0mg

Sodium: 360mg

Total Carbohydrate: 75.0g

Dietary Fiber: 6.0g

Protein: 4.0g

Vitamin A: 1,000RE Vitamin C: .0mg Calcium: 200.0mg Iron: 3.6mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Pop-Tart, Strawberry WG (2 Ct) (mfg label): WHOLE WHEAT FLOUR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), VEGETABLE OIL (SOYBEAN, COTTONSEED AND HYDROGENATED COTTONSEED OIL WITH TBHQ AND CITRIC ACID FOR FRESHNESS)*, DEXTROSE, CORN SYRUP SOLIDS, SUGAR, WHOLE GRAIN BARLEY FLOUR, CONTAINS TWO PERCENT OR LESS OF INULIN FROM CHICORY ROOT, WHEAT STARCH, SALT, DRIED STRAWBERRIES, DRIED APPLES, DRIED PEARS, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL STRAWBERRY FLAVOR, CORNSTARCH, CITRIC ACID, MODIFIED WHEAT STARCH, GELATIN, CARAMEL COLOR, XANTHAN GUM, SOY LECITHIN, VITAMIN A PALMITATE, NIACINAMIDE, RED #40, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), YELLOW #6, RIBOFLAVIN (VITAMIN B2), THIAMIN HYDROCHLORIDE (VITAMIN B1), FOLIC ACID. CONTAINS: SOY AND WHEAT [902924]

