Mac & Cheese w/ Dinner Roll			
Nutrition Serving Size:		ALLERGEN: Eggs, Milk, So	
Amount Per Serving			
Calories: 360		Calories from Fat: 108	
	<b>Total Fat:</b> Saturated Fat:	<b>12.0g</b> 5.0g	
	Trans Fat:	0.00	
	Cholesterol: Sodium:	25mg 820mg	
	Total Carbohydrate:	44.0g	
	Dietary Fiber: <b>Protein:</b>	3.0g <b>20.0g</b>	
Vitamin A: 760RE	Vitamin C: .0mg	Calcium: 420.0mg	Iron: 1.8ma

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Dinner Roll wheat Klosterman #3920 (mfg label): WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, SOYBEAN OIL, WHEAT GLUTEN, CONTAINS 2% OF LESS OF THE FOLLOWING: SALT, HONEY, MOLASSES, INVERT SUGAR, WHEAT STARCH, SOY LECITHIN, YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM CHLORIDE), CORN STARCH, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT AND SOY [900238]

Macaroni and Cheese, RS RF WG LOL (mfg label): COOKED ENRICHED WHOLE GRAIN PASTA (WATER, WHOLE DURUM WHEAT FLOUR, SEMOLINA, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), REDUCED SODIUM REDUCED FAT AMERICAN CHEESE [CULTURED PASTEURIZED MILK AND SKIM MILK, CONTAINS LESS THAN 2% OF SALT, DIPOTASSIUM PHOSPHATE, SODIUM PHOSPHATE, LACTIC ACID, SORBIC ACID (PRESERVATIVE), ANNATTO AND OLEORESIN PAPRIKA (COLOR), VITAMIN A PALMITATE], WATER, MALTODEXTRIN, CONTAINS LESS THAN 2% OF NATURAL FLAVOR, BUTTER (CREAM, SALT), SALT, FOOD STARCH - MODIFIED, XANTHAN GUM. CONTAINS: MILK, WHEAT, EGG. [902104]

[Dec-08-2014] [NKID #002481] [EC MH WR MI MM HS]