Nutrition Facts Serving Size: Serving  Amount Per Serving  Calories: 324  Calories from Fat: 11  Total Fat: 1.3g Saturated Fat: .0g Trans Fat: 0.00 Cholesterol: 0mg Sodium: 460mg Total Carbohydrate: 62.9g Dietary Fiber: 6.5g Protein: 11.5g	Italian Pasta w/Meatless Sauce & WG Breadstick				
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Vitamin A. 600DE Vitamin C. F. Ema Calaium, 19 4ma Iron, 2 2ma		Saturated Fat: Trans Fat: Cholesterol: Sodium: Total Carbohydrate: Dietary Fiber:	.0g 0.00 <b>0mg</b> <b>460mg</b> <b>62.9g</b> 6.5g		
Vitamin A: 690KE Vitamin C: 5.5mg Caldum: 18.4mg Iron: 5.2mg	Vitamin A: 690RE	Vitamin C: 5.5mg	Calcium: 18.4mg	Iron: 3.2mg	

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Breadstick, Large, WG Klosterman #3221 (mfg label): WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, SOYBEAN OIL, WHEAT GLUTEN, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, MOLASSES, INVERT SUGAR, WHEAT STARCH, SOY LECITHIN, YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM CHLORIDE), CORN STARCH, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT, SOY [903107]

Rotini, Cooked WG Zerega (mfg label): WHOLE DURUM WHEAT FLOUR, SEMOLINA (WHEAT), NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID. CONTAINS: WHEAT [903262]

Sauce, Spaghetti Sysco Classic/Sys Ott (mfg label): TOMATO CONCENTRATE (WATER AND TOMATO PASTE), CORN SYRUP, SPICES, AND CITRIC ACID. [900134]