

Egg Frittata (Turkey Sausage, Egg & Cheese)

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy

Amount Per Serving

Calories: 100

Calories from Fat: 63

Total Fat:	7.0g
Saturated Fat:	3.0g
Trans Fat:	0.00
Cholesterol:	200mg
Sodium:	290mg
Total Carbohydrate:	2.0g
Dietary Fiber:	.0g
Protein:	8.0g

Vitamin A: 400RE

Vitamin C: .0mg

Calcium: 60.0mg

Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Omelet, Egg, Cheese & Turkey Sausage (mfg label): WHOLE EGGS, SHREDDED PASTEURIZED PROCESS CHEDDAR CHEESE [CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM PHOPHATE, MILK FAT, SODIUM HEXAMETAPHOSPHATE, SALT, VEGETABLE COLOR (PAPRIKA AND ANNATTO), POWDERED CELLULOSE (TO PREVENT CAKING)], WATER, COOKED TURKEY BREAKFAST SAUSAGE CRUMBLES [TURKEY, WATER, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, SPICES, DEXTROSE, SUGAR, SPICE EXTRACTIVES AND NATURAL FLAVORING], SOYBEAN OIL, WHOLE MILK POWDER, MODIFIED FOOD STARCH, SAUSAGE SEASONING [AUTOLYZED YEAST EXTRACT, MALTODEXTRIN, SALT, SUGAR, FLAVOR, PARTIALLY HYDROGENATED COTTONSEED AND SOYBEAN OIL, AND SILICON DIOXIDE], SALT, XANTHAN GUM, CITRIC ACID. CONTAINS: EGG, MILK, SOY [903170]

