Deli Sub, Ham & Cheese			
Nutrition Serving Size:		ALLERGENS Milk, Soy, Whe	
Amount Per Serving			
Calories: 300		Calories from Fat: 104	
	Total Fat:	11.5g	
	Saturated Fat:	5.0g	
	Trans Fat:	0.00	
Cholesterol:		40mg	
	Sodium:	890mg	
	<b>Total Carbohydrate:</b>	<b>31.0</b> g	
	Dietary Fiber:	3.0g	
Protein:		19.0g	
Vitamin A: 220RE	Vitamin C: .0mg	Calcium: 160.0mg	Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Bun, Hoagie 5\" WG, #3737 (mfg label): WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, HONEY, INVERT SUGAR, MOLASSES, CALCIUM PROPIONATE (PRESERVATIVE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), YEAST NUTRIENT (CALCIUM SULFATE), WHEAT STARCH, SOY LECITHIN. CONTAINS: WHEAT, SOY [903105]

Cheese, Swiss/American 120 Slices (mfg label): SWISS AND AMERICAN CHEESE (MILK, CHEESE CULTURES, SALT, CALCIUM CHLORIDE, ENZYMES), WATER, CREAM, SODIUM CITRATE, ENZYME MODIFIED CHEESE, SALT, SORBIC ACID (PRESERVATIVE), SOY LECITHIN (NON-STICKING AGENT). MANUFACTURED WITH MICROBIAL ENZYMES. CONTAINS: MILK, SOY. [903267]

Turkey Ham, Jenni-O Pre-Sliced 2568-21 (mfg label): TURKEY THIGH MEAT WITH A PORTION OF GROUND TURKEY THIGH TRIM ADDED, SUGAR, VINEGAR, CONTAINS 2% OR LESS SALT, NATURAL FLAVOR (CELERY JUICE POWDER), BAKING SODA, NATURAL SMOKE FLAVOR. [903460]