

Cincinnati Chili 3-Way

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk, Wheat

Amount Per Serving

Calories: 476

Calories from Fat: 125

Total Fat:	13.9g
Saturated Fat:	5.0g
Trans Fat:	0.63
Cholesterol:	42mg
Sodium:	457mg
Total Carbohydrate:	64.8g
Dietary Fiber:	5.1g
Protein:	22.9g

Vitamin A: 768RE

Vitamin C: 3.8mg

Calcium: 121.5mg

Iron: 4.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Meat Sauce Cincy Style JTM OH Pro (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, SEASONING (CHILI PEPPER AND OTHER NATURAL SPICES, GARLIC POWDER, SPICE EXTRACTIVES INCLUDING PAPRIKA), DEHYDRATED ONION, MODIFIED FOOD STARCH, SALT, VINEGAR, DEHYDRATED GARLIC, SPICE, XANTHAN GUM. [990189]

Cheese, American, RF, Shred, Fresh (mfg label): CULTURED PASTEURIZED MILK AND SKIM MILK, *WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF *XANTHAN GUM, *LOCUST BEAN GUM, *GUAR GUM, SODIUM CITRATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ACETIC ACID, BETA-CAROTENE AND APO-CAROTENAL (COLOR), ENZYMES, *VITAMIN A PALMITATE, ANTICKAING BLEND (POTATO STARCH, CELLULOSE, NATAMYCIN (NATURAL MOLD INHIBITOR)). *NOT FOUND IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. CONTAINS: MILK. [601413]

Spaghetti, Cooked WG Zerega (mfg label): WHOLE DURUM WHEAT FLOUR, SEMOLINA (WHEAT), NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID. CONTAINS: WHEAT [903263]

