

Cheetos Puffs, Cheese

Nutrition Facts

Serving Size: Each

ALLERGENS

Milk

Amount Per Serving

Calories: 90

Calories from Fat: 32

Total Fat:	3.5g
Saturated Fat:	.0g
Trans Fat:	0.00
Cholesterol:	0mg
Sodium:	135mg
Total Carbohydrate:	14.0g
Dietary Fiber:	1.0g
Protein:	2.0g

Vitamin A: 0RE

Vitamin C: .0mg

Calcium: 100.0mg

Iron: .7mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Cheetos, RF Puffs, WG (.7 oz) (mfg label): WHOLE CORNMEAL, ENRICHED CORN MEAL (CORN MEAL, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, SEA MINERALS (CALCIUM CARBONATE AND MAGNESIUM CARBONATE), MALTODEXTRIN (MADE FROM CORN), WHEY PROTEIN CONCENTRATE, MONOSODIUM GLUTAMATE, NATURAL AND ARTIFICIAL FLAVORS, LACTIC ACID, CITRIC ACID, AND ARTIFICIAL COLOR (YELLOW 6, YELLOW 5). CONTAINS MILK INGREDIENTS. [903353]

