

Burrito Bowl- Chicken Pinto Beans & Rice

Nutrition Facts

Serving Size: Serving

Amount Per Serving

Calories: 482

Calories from Fat: 49

Total Fat:	5.4g
Saturated Fat:	1.2g
Trans Fat:	*0.00* (see below)
Cholesterol:	53mg
Sodium:	1,523mg
Total Carbohydrate:	81.9g
Dietary Fiber:	7.0g
Protein:	26.9g

Vitamin A: 340RE

Vitamin C: 1.6mg

Calcium: 58.2mg

Iron: 3.3mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

* The available data does not currently provide complete information concerning the Trans Fat content of the ingredients for this item.

Ingredients

Beans, Pinto Sysco (mfg label): PINTO BEANS [903371]

Chicken, frz, diced (mfg label): WHITE MEAT CHICKEN, DARK MEAT CHICKEN, WATER, POTATO STARCH, CARRAGEENAN, XANTHAN GUM, POTASSIUM PHOSPHATE, AND SODIUM PHOSPHATE. [990107]

CHILI POWDER (mfg label): CHILI POWDER [002009]

CILANTRO,RAW (mfg label): CILANTRO [990006]

GARLIC POWDER (mfg label): GARLIC POWDER [002020]

LIME JUC,CND OR BTLD,UNSWTND (mfg label): LIME JUICE FROM CONCENTRATE (WATER, LIME JUICE CONCENTRATE, SODIUM BENZOATE (PRESERVATIVE), LIME OIL, SODIUM METABISULFITE (PRESERVATIVE) [009161]

ONIONS,FRESH (mfg label): ONIONS [078023]

PAPRIKA (mfg label): PAPRIKA [002028]

PEPPER,BLACK (mfg label): BLACK PEPPER [002030]

RICE,BROWN,MEDIUM-GRAIN,RAW (mfg label): NATURAL LONG GRAIN BROWN RICE [020040]

Seasoning Fajita (mfg label): SALT, CORN MALTODEXTRIN, ONION, BLACK PEPPER, AUTOLYZED YEAST EXTRACT, GARLIC, DEXTROSE, NATURAL FLAVOR, SPICE, AND BROMELAIN. [900464]

SUGARS,GRANULATED (mfg label): SUGAR [019335]

TOMATOES,FRESH,RED RIPE (mfg label): TOMATOES [078031]

WATER,MUNICIPAL (mfg label): WATER [014429]

WATER,MUNICIPAL-USE (mfg label): WATER [903215]

