

Breakfast Sandwich, Egg & Cheese (Large)

Nutrition Facts

Serving Size: Each

ALLERGENS

Eggs, Milk, Soy, Wheat

Amount Per Serving

Calories: 240

Calories from Fat: 81

Total Fat: 9.0g

Saturated Fat: 3.0g

Trans Fat: 0.00

Cholesterol: 115mg

Sodium: 350mg

Total Carbohydrate: 31.0g

Dietary Fiber: 3.0g

Protein: 9.0g

Vitamin A: 200RE

Vitamin C: 12.0mg

Calcium: 100.0mg

Iron: 1.8mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Breakfast Sandwich, Egg and Cheese WG (mfg label): FULLY BAKED WHOLE GRAIN BUN: WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), SUGAR. CONTAINS 2% OR LESS OF: YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), SOYBEAN OIL, SALT, MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID (ANTIOXIDANTS), FUMARIC ACID, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM SULFATE, ENZYMES, WHEAT STARCH, ASCORBIC ACID. FULLY COOKED ROUND EGG PATTY (WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID). PROCESS AMERICAN YELLOW CHEESE SLICE: CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), MILKFAT, WATER, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (A PRESERVATIVE), PAPRIKA & ANNATTO COLOR, SOY LECITHIN (NON-STICKING AGENT). CONTAINS: WHEAT, EGG, MILK, SOY [903546]