Nutrition Facts Serving Size: 5 Each Amount Per Serving Calories: 321 Calories from Fat: 100 Total Fat: 11.2g Saturated Fat: 1.9g Trans Fat: 0.00 Cholesterol: 51mg Sodium: 544mg Total Carbohydrate: 29.0g Dietary Fiber: 2.3g Protein: 25.9g	Boneless Chicken Wings w/ Dinner Roll				
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Vitamin A: 10RE Vitamin C: .0mg Calcium: 45.4mg Iron: 2.6mg	Vitamin A: 10RE	Vitamin C: .0mg	Calcium: 45.4mg	Iron: 2.6mg	

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Chicken, Boneless Wings Tyson 70362-92 (mfg label): PROTIONED CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SEASONING [BROWN SUGAR, SALT, ONION POWDER, CHICKEN STOCK, CANOLA OIL, YEAST EXTRACT, CARROT POWDER, VEGETABLE STOCK (CARROT, ONION, CELERY), GARLIC POWDER, FLAVORS, MALTODEXTRIN, SILICON DIOXIDE AND CITRIC ACID], SODIUM PHOSPHATES, SEASONING (POTASSIUM CHLORIDE, RICE FLOUR). BREADED WITH: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, DRIED ONION, DRIED GARLIC, SUGAR, WHEAT GLUTEN, TORULA YEAST, DEXTROSE, SPICE, DRIED YEAST, PAPRIKA EXTRACT (COLOR), TURMERIC EXTRACT (COLOR). BREADING SET IN VEGETABLE OIL. CONTAINS SOY, WHEAT [903352]

Dinner Roll wheat Klosterman #3920 (mfg label): WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, SOYBEAN OIL, WHEAT GLUTEN, CONTAINS 2% OF LESS OF THE FOLLOWING: SALT, HONEY, MOLASSES, INVERT SUGAR, WHEAT STARCH, SOY LECITHIN, YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM CHLORIDE), CORN STARCH, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT AND SOY [900238]