

Beef Taco Meat for Tacos

Nutrition Facts

Serving Size: 3.17 oz

ALLERGENS

Soy

Amount Per Serving

Calories: 111

Calories from Fat: 45

Total Fat:	5.0g
Saturated Fat:	1.8g
Trans Fat:	0.00
Cholesterol:	35mg
Sodium:	292mg
Total Carbohydrate:	4.0g
Dietary Fiber:	2.0g
Protein:	13.0g

Vitamin A: 645RE

Vitamin C: 5.0mg

Calcium: 41.0mg

Iron: 2.0mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

Ingredients

Beef Taco Reduced Fat OH processed Ne (mfg label): GROUND BEEF (NO MORE THAN 20% FAT), WATER, TOMATO PASTE, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARMEL COLOR), SEASONING (DEHYDRATED ONIONS, CHILI PEPPER AND OTHER SPICES, DEHYDRATED GARLIC, SALT), SALT, CARMEL COLOR, VINEGAR, PAPRIKA EXTRACT. CONTAINS: SOY [900116]

