Turkey	w/	Dinner	Roll

Nutrition Facts

**ALLERGENS** 

Serving Size: 2 oz Soy, Wheat

**Amount Per Serving** 

Calories: 214 Calories from Fat: 54

**Total Fat:** 6.0g Saturated Fat: 1.6q Trans Fat: 0.00 **Cholesterol: 46mg** Sodium: 738mg **Total Carbohydrate:** 17.7g Dietary Fiber: 1.0g **Protein:** 21.4g

Vitamin A: 10RE Vitamin C: .0mg Calcium: 24.3mg Iron: 2.1mg

The accuracy of the information shown above is based on data obtained from food manufacturers, food distributors, product packaging, and the USDA Child Nutrition database. Ingredients and menu items are subject to change or substitution. Please consult your own physician or medical professional for assistance with your specific medical or dietary situation.

## **Ingredients**

Dinner Roll wheat Klosterman #3920 (mfg label): WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, YEAST, SOYBEAN OIL, WHEAT GLUTEN, CONTAINS 2% OF LESS OF THE FOLLOWING: SALT, HONEY, MOLASSES, INVERT SUGAR, WHEAT STARCH, SOY LECITHIN, YEAST NUTRIENTS (CALCIUM SULFATE, AMMONIUM CHLORIDE), CORN STARCH, DOUGH CONDITIONERS (ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (PRESERVATIVE). CONTAINS: WHEAT AND SOY [900238]

TURKEY RST,BNLESS,FRZ,SEASONED (mfg label): TURKEY-MORE THAN 93%; WATER-NOT MORE THAN 5.5% (DISSOLVES PHOSPHATES AND AIDS IN MIXING); SALT-NOT MORE THAN 1.5% (FLAVOR); AND SODIUM PHOSPHATES- NOT MORE THAN .5% (TO RETAIN JUICES AND SOLUBLE INGREDIENTS). [005296]